

The Area Magazine for Lewdown, Stowford, Thrushelton,
Lewtrenchard, Chillaton, Coryton & Marystow

October 2025

community newslink

for all that's going on in your area...

50p
donation



Published by the Lewdown Residents Association

Registered Charity Number: 1071808

Funded by the Subscribers, Advertisers, Sponsors & Area Churches

**Fire/Police/Ambulance
Emergency 999**

All other contact with Police 101

Police Contact/Crime Prevention
PCSO Seonlad Greenwood 101

Neighbourhood & Farm Watch

Horse Watch Gina 01837 840716
Floodline 0345 988 1188

Parish Clerks

Lewdown Grouped
Peter van Delft 01566 783023
lewdowngpc.clerk@gmail.com
www.lewdowngroupedpc.org.uk

Milton Abbot Grouped
Jane Savage
clerk.magpc@outlook.com
www.magpc.co.uk

Stowford
Peter van Delft 01566 783023
stowfordclerk@gmail.com
www.stowfordparishcouncil.org.uk

West Devon MP

Geoffrey Cox 01822 612925

County Councillor

James Grainger
james.grainger@devon.gov.uk

Borough Councillors

Milton Ford Ward
Neil Jory 01822 860342
Bridestowe Ward
Terry Southcott 01566 783079
Caroline Mott 01837 861212
Tamarside Ward
Chris Edmonds 01566 784794

Schools

Lewtrenchard 01566 783273
Lifton 01566 784288
Milton Abbott 01822 870273

Colleges

Tavistock 01822 614231
Okehampton 01837 650910
Launceston 01566 772468

Ring & Ride

Okehampton Area 01837 55000
Tavistock Area 01822 618028

Community Groups

Cricket Club 07847111330
Chillaton Football Club 01822 860476
Lamerton Pony Club 01822 860350
Lewdown Past 01566 783396
Lewdown Residents Assoc. 01566 783320
Lewtrenchard WI 01566 783765
Lifton Benefice Churches
Revd Philip Conway 01566 784462
liftonpriest@yahoo.com
Lifton Surgery 01566 784788
01566 784111
Red Spider Company 01409 221376
Recreation Field 01566 783367
Stowford Hall 01566 783223
Victory Hall 01566 783267
Youth Cricket 07847111330
Young Farmers 07443 461344

Advice Helplines

Citizen's Advice Bureau 08444 111444
West Devon Women's Aid 01837 55228
Age Concern 01752 665424
Health Information Line 0800 665544
Homelessness Trust 01822 615259
Parentline 0800 8002222
Relate 01392 275681
Samaritans 08457 909090
Tavistock Area Support Svcs. 01822 616958
Age UK 01822 616958
Transport to Health 01822 617525
Victim Support 01822 820455
Youthwise Okehampton 01837 54004

Shop & Post Office

Copper's PO & Stores 01566 783218
Lifton PO & Stores 01566 784211

Front Cover Picture

Description

Some floral entries at the Lewdown Flower and Produce Show 2025 held in Victory Hall.

Photo: Ed.

newslink archive

www.rawrationsplus.co.uk/lraarchive.html

For us to be able to print and distribute the community newslink it costs approximately £500 a month.

Please make an annual donation of £5+ for yours to:

Account name: **Lewdown Residents Assoc.**
Sort code: **090154**
Account number: **97666081**

Thank you for your support

community newslink

Produced by Lewdown Residents Association

A magazine providing news, information & items of interest for the areas of Lewdown, Stowford, Thrushelton, Lewtrenchard, Chillaton, Coryton & Marystowe

Established January 1999
Issue No. 294 October 2025

Editor: Simon Hedger
St. Anthony's, Stowford, Lewdown, Okehampton EX20 4BY
Telephone: 01566 783765 Email: newslink@hedger.biz

Production, Distribution and Delivery Helpers:
Tim & Sarah Nash, Simon & Monique Hedger, Terry Southcott, Andy McCarthy,
Ruth Dawe, Audrey Jones, Tom Andrews, Mike Bickell, Esther Van Delft,
Rita Squires, Bob Holland, Julie Chick, Coppers Stores, Keith Abayomi-Turner

All news, photographs, reports, events, etcetera for NewsLink need to be sent to the Editor by the 15th of the preceding month.

We welcome your articles / items / advertisements. Though we do our best, we cannot guarantee to publish all that is sent to us.

B&W advertising in newslink is free for Charity events in our local areas.

Adverts for events outside of the area and for businesses are priced as follows:

	Black & White	Colour
1/4 page	£4/month or £40/year	£6/month or £60/year
1/2 page	£8/month or £80/year	£12/month or £120/year
Whole page	£12/month or £120/year	£16/month or £160/year

Please note that advertising prices are subject to VAT at 20%

My wife and myself were on a romantic moonlight walk the other night the moon was full, and the stars were bright, when we came upon a lady on a horse. I said to her, "isn't it a bit strange to be out riding your horse this late in the day". The rider told us her horse didn't like day light, it's becoming a bit of a night mare.

Good morning to you all, and welcome to this month's incredibly exciting edition of your favourite local magazine in the Lewdown and surrounding area.

Brilliant news everyone, at the AGM on the 1st of September there was 8 of us, two of which were members of the general public, and after much arm twisting and general bribery, I managed to persuade those present to keep me as chairperson, so I could inflict more tosh and rubbish on you the poor and oppressed people who read this stuff. Fortunately everyone else has decided to remain in their present positions for another year also. So lots and lots more of this and other stuff.

If you have something interesting to share with everyone out there in the land of the link, please don't hesitate to send it in to the editor, and you never know it could appear in the pages over the next few months. After all if they print my rubbish, the editor would only be delighted to have some correspondence with someone who has a decent grasp of English grammar.

A wonderful day was had at the produce show, at the end of August . Veg entries were down not surprising with the weather we have had, everything is a lot earlier than usual, but there were a lot of apples .

Excellent news. Someone over the age of 8 won the tallest sunflower this year, I think I am safe to say that John and Judy Law are over 8, not by much I hasten to say.

Will close now as my first attempt at a pear pie is in need of removing from the oven. Will let you know how it turned out, if we survived my attempt at poisoning the family, but I did come first in the men's cooking in the show, the White fiver I put in my lemon drizzle cake paid dividends. Ok, I-shared the cup with two others Mr Tom Andrew's, and some young youth called Patrick Nash, he is related although he probably doesn't want to own up to it.

Best wishes from Tim Nash still your chairperson (it's your fault).

Ps. A company who breeds gun dogs has gone into liquidation. They have sent in the retriever's.

Stowford Parish Hall



Stowford Supper

£15 a head

7pm Friday 17th October

Meal choices

Cottage Pie

Jacket potato, Baked beans
Cheese and Salad **Veg**

Chicken Curry

Home made Desserts Tea, coffee and Mints
BYO Bottle

Tickets: Charles Chick - 01566 783223 | Sharon Adams - 01566 783030
Ester Van Delft - 01566783023

From the Editor

Thought you might like to know that I have spoken with the Openreach Fibre Community Partnership Team and received the report that they:

“are aiming to complete the scheme by the end of February 2026 but, please note, this is an estimated date and is subject to change. There are some roadworks planned in Lewdown during December which may impact on our upgrade work but we will not know that until nearer the time”.

Just back from our summer holidays and I can report that sun can be boring! Everyday at around 7am up comes the sun and the temperature jumps up 4° to 28°C and every evening at around 7.30pm the sun sets and the temperature drops by 4°. Day-after-day the same. I asked a local guy about rain and he said very rare. I checked the average monthly rainfall for the year, it was less than 1mm!

Don't get me wrong I love the sun but every day can be too much

Ed. 😊

Soupa Troopers

All welcome to this community event



Wednesday October 8th

From 12.30pm in Lewdown Victory Hall

Soup and a Bread Roll, Tea or Coffee - £4

Followed by conversation & games



Farming Report



Well we asked for rain, and sure didn't we get it in September! The last of the summer shows concluded at Holsworthy show at the end of August where we done well. We've finished the hedge trimming before the fields get too wet and getting ready for when the cattle come in for winter. The last of the fencing is also taking place with around 6,000 metres to be done.



Becky Dennis



Young Farmers: This is my final report as chairman and as a member of Lewdown YFC with the AGM having been held by the time you read this report and a new officer team in place. It's been a pleasure to have been involved and a part of Lewdown YFC for my 12 years of membership, to see it grow and members achieving so much right the way up to national finals! Our last event of the YFC year was a charity bath push in mid September from Okehampton Station to Lydford following the Granite Way, with 14 members taking part. We raised £415.05 which brings our total fundraising for the year to £4,462.25 ,which means £1,487.42 will be given to Devon Air Ambulance, MIND & Chemotivation respectively! I wish the new officer team and Lewdown YFC all the best for the coming year! **Becky Dennis**





A very big thank you to all our sponsors and supporters during the 2025 season. Without your support we could not continue to provide cricket within our community and maintain the recreation field to the such a high standard. Whilst the playing season has finished the work continues and we will announce some fundraising activities in future editions.

RESULTS:

A fantastic winning end to the season with some notable individual performances.
16th August : Ashburton 2ndXI 168/AO. Lewdown 1st XI 195/8. **WON** Matthew Maynard 91 runs & 3 wickets for 36 runs off 6 overs.

16th August : Lewdown 2nd XI 194/AO. Yelverton Bohemians 3rd XI 144/AO. **WON**

23rd August : Ipplepen 3rd XI 165/AO. Lewdown 1st XI 166/6. **WON**

23rd August: Lewdown 2nd XI 217/6. Abbotskerswell 3rd XI 72/AO. **WON** Gavin Jordan 101 (maiden century), Nick Hayden 72 not out, Rijesh Benans 4 wickets for 9 runs off 8 overs.

Fixtures on 30th August were both rained off.

FINAL LEAGUE PLACINGS:

1st IX : Played 17 games, Won 12, Lost 5. Finished in second place and are PROMOTED to the E Division West !!

2nd XI : Played 13 games, Won 5, Lost 8. Finished in 7th place and retain our place in the H Division West.

ANNUAL PRESENTATION DINNER:

This will take place on Saturday November 8th at Trethorne Golf Club (6.30 for 7.00). All players, supporters and sponsors are welcome. There will be a 3 course meal including carvery for £30. Details will follow via usual channels.

Club Contact:

Geraint Williams 07850 786310

Junior Cricket Coordinator:

Mike Maynard 07974 756136



Table Tennis

@Stowford Village Hall

Ping Pong at the Village Hall!

Looking for a fun way to keep active, meet new people
and unleash your inner champion?

Come and join us for **Table Tennis at the Village Hall** - no experience needed,
just bring your energy and a smile!

All ages welcome - Bats and balls provided

Friendly games, plenty of laughs. Whether you're a beginner or a backhand
pro, it's the perfect midweek pick-me-up!

Tuesday 30th September 2025

Tuesday 14th October 2025

19:00 - 21:30

Donations welcome

Gardening Jobs For October

Well we are now into autumn, and I certainly found this summer a good one for growing – it was warm and sunny, with just enough rain at the right times to keep things ticking along. As I discussed with someone at the allotment, while it requires time and effort you can water things if they need it (providing you have a water source) but there isn't a lot you can do if there is too much rain!

Things to do in the garden

October is the start of the period in which you can plant bare root fruit bushes/trees, which includes raspberry canes, apple trees and currant bushes. Give some thought to where you are going to plant them, every type of fruit requires slightly different conditions and given they are long lived plants, getting them in the right place when you plant them is very important!

With Halloween at the end of the month, don't forget to pick and carve your pumpkins ready for the big day! Any spare fruit can be cured for 10 days or so, they should then store in a shed/garage for a good few months.

Keep on picking! Providing the weather doesn't turn too quickly, any last courgettes, french beans and tomatoes (under cover) should still finish ripening ready for you to keep on picking.

If the tomato plants start to die off, you can pick green fruit and ripen them on a window sill or, make yourself some tasty green tomato chutney.



Lewdown show

While the village show was a great success, I still learnt plenty of things for next year:

- Both French and runner beans should give a nice 'snap' and the judges can definitely tell if your beans aren't fresh. This is also how they check that the beans haven't gone over and gone stringy.
- Make sure you check the bottoms of your onions, around the root plate is often the first place they start to rot, so make sure there are no soft spots.
- It's not just how the entries look on the bench, the judge will pick up the entries and look at them from every angle, they will also feel if they are ripe.
- Points make prizes, and so the more entries you can make the better, and the more entries in the show the better the event for everyone involved.



Fun fact

You can tell whether an onion has been grown from a seed or a set (an immature onion), by inspecting the root plate on the bottom of the onion. If the onion was grown from a set, then there will be a small hard piece in the middle of the root plate – if the onion was grown from a seed, there will be no bit.



May the weather be with you!

Liam

Non-Fiction Book of the Month: The Happy Index: A People-First Approach to Leadership by James Timpson

James Timpson is renowned for leading with empathy and understanding, often by example. His acclaimed people-first approach to management empowers colleagues, putting measurable job satisfaction at the heart of corporate strategy.

The Happy Index invites readers into a world where employee happiness isn't just a buzzword – it's a powerful catalyst for success that should be at the core of any successful organisation. Drawing on his decades of experience leading one of Britain's best-loved high-street brands, Timpson shares the secrets behind his unique approach to 'upside-down' management. His infectious passion for people shines through every page and in the very real measures he has introduced – from days off for birthdays to free-to-use luxury holiday homes. And with a workforce comprised of at least 10 per cent ex-offenders at any one time, Timpson shows the value of an imaginative approach to hiring, with a staff retention rate to be proud of.

From a leader who knows what it takes to build thriving organisations, The Happy Index gives companies, start-ups and leaders the tools they need to bring Timpson's revolutionary approach to their working lives.

Publisher: HarperCollins Publishers
ISBN: 9780008654788



STOWFORD COMMUNITY COFFEE MORNING

Come and meet your neighbours for a coffee, cake and catch up!

We meet on the first Tuesday of every month at Stowford Parish Hall.

10am - 12noon. All friends and family welcome.

£3 per person (cash only) which includes a hot drink and homemade cake.

All profits are donated to a charity chosen by villagers.

If you need help with transport, please contact Tracy on 07973 327161



We're back ! Stowford's



at Stowford Parish Hall
Thursday 9th October 7.30pm
£4 per person at the door Teams of 2 - 6 people
Bring your own drinks, we provide the nibbles.
(All profits go to charity)

Dorset Apple Traybake:

You will need:

225g butter - softened
4 eggs
350g self-raising flour

450g cooking apples
280g golden caster sugar
2tsp baking powder

1/2 lemon juiced
2tsp vanilla extract
demerara sugar

Method:

Heat oven to 180C/160C fan/ gas 4. Butter and line a rectangular baking tin (approx 27 x 20 cm).

Peel, core and thinly slice the apples (not too thinly or they will disappear into the mix!), then squeeze over the lemon juice. Set aside.

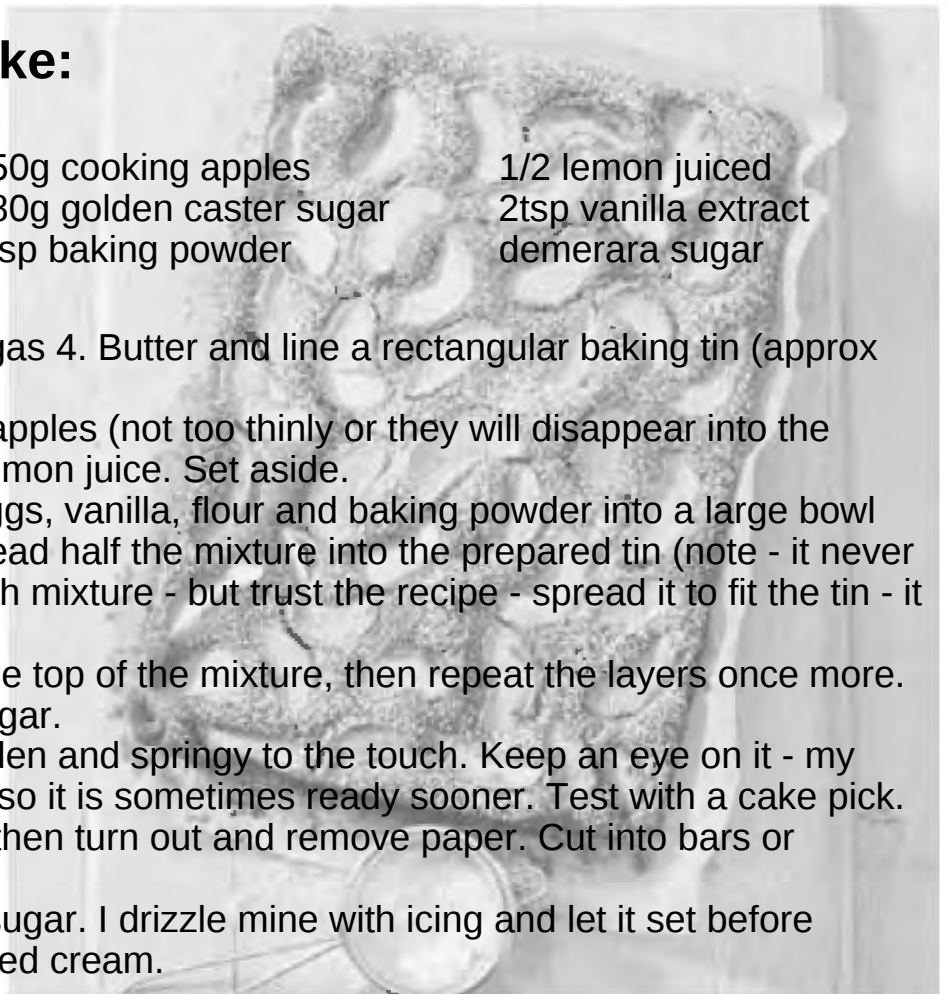
Put the butter, caster sugar, eggs, vanilla, flour and baking powder into a large bowl and mix well until smooth. Spread half the mixture into the prepared tin (note - it never looks as though there is enough mixture - but trust the recipe - spread it to fit the tin - it will rise and fill the tray).

Arrange half the apples over the top of the mixture, then repeat the layers once more. Sprinkle over the Demerara sugar.

Bake for 45 - 50 mins until golden and springy to the touch. Keep an eye on it - my oven cooks on the faster side, so it is sometimes ready sooner. Test with a cake pick. Leave to cool for 10 mins and then turn out and remove paper. Cut into bars or squares.

Note: You can dust with icing sugar. I drizzle mine with icing and let it set before slicing. Nice served with whipped cream.

By Susanne



From the Mountains of Japan

No.16 - Escaping the Summer Heat

Japan is traditionally a fishing nation, and the agricultural landscape is a mixture of rice paddies and fruit orchards. Yet despite this, a lot of meat is eaten, while milk is pretty common, particularly at school lunch, where every child between the ages of six and fifteen is provided with a 200ml bottle every school day.

The only time most people see traditional farmyard animals however, is during the summer months, when the only place to comfortably spend much time outside is up in the mountainous highland areas. “Boku-jo” or pasturelands, are common in the mountainous regions of Nagano, and during August this year we spent several days hopping from one to another, where the temperatures were around a more agreeable 25C, rather than the stifling 35C in the city.

It was my first time to visit one in particular, Sasagamine Highland, nestled in the mountains behind one of my favourite ski resort areas, and so high up the mountain that we actually passed the ski restaurant where I usually would have lunch. To find there was a road nearby was something of a surprise, as the area is usually three to four metres deep in snow.

In fact, most of these areas are closed during the winter, with the animals moved down to barns in the city. On this particular day, however, my daughter and I enjoyed a leisurely stroll through open pastureland, finally locating a small herd of cattle relaxing under some trees in a corner. More interestingly, in the neighbouring field, we spotted a troop of wild monkeys, and even though it felt and looked a little like England, signs warning of bears as well as the sheer size of the bugs my daughter enjoyed catching in her net reminded us that we were a long way away.

While the vast majority of Japan’s meat is imported, and the scarcity of farm

animals makes them into more of a tourist attraction at times, such pasturelands provide a peaceful, nearly mosquito-free respite from the fierce summers, and for someone who’s been away from home for so long, a little bit of nostalgia and familiarity.



Chris Ward

Cocktail of the Month 'The Bramble'

Mix a classic bramble cocktail, essentially a gin sour spiked with an eye-catching shot of blackberry liqueur...

...this drink is one to make when the hedgerows are groaning with ripe fruit.

YOU WILL NEED:

- 50ml gin
- 25ml lemon juice
- $\frac{3}{4}$ tbsp sugar syrup
- ice cubes
- crushed ice
- $\frac{3}{4}$ tbsp crème de mure
- 1 lemon
slice and a blackberry to serve



METHOD:

Shake the gin, lemon juice and sugar syrup in a cocktail shaker with a good handful of ice cubes then strain into a rocks glass full of crushed ice. Drizzle the crème de mure over the top so it 'bleeds' into the drink. Garnish with the lemon slice and blackberry.

Chillaton News



New speed signs for Chillaton

Finally, after working to achieve this result during the past four years, the Chillaton Road Safety Group is pleased to announce what you probably have already seen; that we now have two new speed signs in the village. They are on the Lifton and Lewdown roads. We would like to have another on the road from Tavistock but, so far, haven't found a suitable site.

The new signs would not be here without the support of the Parish Council, West Devon Borough Council, the Devon Community Foundation and, of course, the Highway Authority, Devon County Council.

What do these SIDs (Speed Indicating Devices) do?

They measure the speed of each approaching vehicle and display it, together with an appropriate message. Above 40mph, no speed is shown, instead a warning sign and message are displayed.

They record the speed of every approaching vehicle and the relevant date and time. This data is then downloaded and, if need be, can be used to demonstrate to the Police that they should deploy a mobile enforcement camera in the village. The information can also show the Highway Authority where road improvements are needed.

What don't SIDs do?

They don't store vehicle registration numbers and so are not used to assist the Police in prosecuting speeding motorists.

What more is being done?

Chillaton is very close to having its own Community Speed Watch team. Initial volunteers have been trained and should soon become operational. Under guidance from the Police, they will use radar 'guns' to capture both the speed and registration of approaching vehicles on all roads in the village.

The Police will then issue warning letters to speeding motorists, with repeat offenders being prosecuted. Any vehicles identified as untaxed, uninsured or driven by unlicensed drivers are likely to warrant further action by the Police.

Is that it?

No. Traffic approaching Chillaton should not regard the village as an annoying interruption to a high-speed journey, but as somewhere it is allowed to proceed with due regard for the safety of other more vulnerable road users.

To achieve that change of attitude, we need more volunteers for the Community Speed Watch team and we need more residents willing to join the Road Safety Group, as we seek ways of implementing further measures to improve road safety in Chillaton.



Lewdown Grouped Parish Council
Coryton, Lewtrenchard, Marystowe and Thrushelton
Abbreviated Minute No 792 of Ordinary Meeting
Held on Monday 18th August 2025 at Lewdown Victory Hall

These minutes are provisional until they signed by the chair at the next meeting of the parish council

Present: Cllrs Yeo (Chair), Alexander, Andrews, McSmythurs, Metherell, Perkins, Southcott, P. van Delft (clerk).

1. Apologies for absence: Cllrs Mincher, Wilkinson, Cllr Mott (WDBC) Cllr Grainger (DCC)
 2. Members of the public open forum - None present
 3. Declarations of Interest - Cllr Alexander - Item 9
 4. Minutes of previous meeting 790& 791 being a true reflection of those meetings were approved and signed by the chair. Meeting No 790 proposed Cllr Andrews seconded Cllr Metherell, motion carried. Meeting No 791 proposed Cllr Andrews, seconded Cllr Alexander, motion carried.
 5. Cllr Mott (WDBC) report - no reports this month yet.
 6. Cllr Reports - Cllr Metherell asked if Cllr Wilkinson could attend to a broken tree limb in the vicinity of Thrushelton Church. Cllr McSmythurs enquired how to identify Avian Flu as a cause of death when reporting dead birds, no information was available to councillors at the meeting.
 7. Finance -
 - 7.1 Payments were authorised for the following; Dean Elliott - Grass cutting July £60.00, motion proposed Cllr Andrews, seconded Cllr Perkins, all were in favour.
 - 7.2 External auditor report for financial year 2024-25 - The R.F.O. reported that the external auditor examination had now concluded.
 8. New Councillors - vacant seats for Coryton and Marystow - despite a new advertisement had gone in the Newslink and Facebook page no interest has been expressed.
 9. Play area updates
 - 9.1 Draft lease agreement - update - Cllr McSmythurs reported that all the outstanding points has been agreed by both parties, the official lease agreement will be available for signature when the Recreation Field Committee and the auditors for the Baring Gauld Trust have agreed the text of their lease. Discussion took place if a qualified solicitor was required to overlook the details of the draft lease. It was resolved that since the lease agreement was of a simple agreement' it would not be necessary to seek any additional legal advice, motion proposed Cllr McSmythurs, seconded Cllr Perkins, motion carried.
 - 9.2 Planning application - Cllr Perkins informed that the planning application can be submitted once an approved supplier has been selected.
 - 9.3 Review of the play equipment quotes - Cllr Perkins informed that 2 revised quotations has been received and is still waiting for the third and final quotation. Cllr Southcott suggested that a play equipment maintenance bank account is set up and budgeted for when the Ramps play area is open for use. Details to be considered nearer the time.
 - 9.4 Section 106 - update. The clerk had requested details of the drawdown procedure from WDBC. The WDBC officer will provide the information shortly.
 10. Highways - Chillaton parking issues - After much discussion it was considered that whilst there was a safety concern of parked vehicles in the vicinity of Chillaton Garage, it was thought that the issue should either be addressed by Milton Abbot Grouped Parish Council or that concerned individuals could report the problem with Devon Highways or Devon County Council. Cllr Southcott observed that there is no "junction warning" sign at the village side of the Wye junction in Lewtrenchard, Cllr Southcott to report.
 11. Correspondence - Local government pay agreement 2025-26 for clerks increased by 3.2%
- Date, place and time of next meeting - Monday 29th September at Lewdown Victory Hall, 7.30pm

Reflections of a Steam Engine Fireman

In 1966 our loco lost a lot of passenger working, to diesel multiple units, ex Hastings units converted or western mechanical units. I have driven both with John, the western units you had a satchel with a circuit key, reverser lever, brake handle and door key and when you change ends you had to remove it from its position and place it in a satchel and walk up the other end of the train trying not to forget anything, they also had gears, I thought what a palaver, the Hastings unit only needed a e p /door key which driver were issued with and carried at all times.

This was all single manned no need for a fireman unless the driver was on overtime, lucky there was a shortage of fireman at Nine Elms Depot so I was on loan a lot, the loco had increase work on ballast working especially on the Bournemouth Electrification, not only were the sleepers and rails being replaced but on the down fast and up fast the ballast was cleaned or replaced for fast running.

The railway tried various methods for this but it was taking too long, so they purchased ballast cleaners from abroad this involved digging out the ballast between the sleepers and putting in a chain auger once fitted it was endless and it would take ballast and dirty soil up into the machine and be riddled and the clean ballast would be returned back in the spot between the sleeper, all rubbish was transferred to wagons alongside by conveyor belt,



when the wagons were full you would return to Woking run round and work to Farnham where the railway had a tip, with a full load and a standard class 2-6-0 tender engine up Pirbright bank towards Aldershot was hard work for the engine

At Farnham we would run around the wagons dropping the guards van off and propel back in to the tip uncouple and pick up empties from the previous visit, guards van on the rear and back to Woking then run around and back to the site between Farnborough and Basingstoke, fill up and repeat, keep going until relieved by a fresh crew bought to site by Gerry Ford Taxis from Guildford he would try and get you near to the site, but it was normal to walk across a farmer's field or nearest bridge and walk along the track, sixteen hour days were the norm.

The engines x2 that bought the ballast cleaner was marshalled to work on one line, track relayer, new track 60 foot lengths and all the kit to do the job it also included a carriage for the men, with a stove and most important a tea boy, the tea would be made in a huge

metal teapot (I had a job to lift it) very sweet made with evaporated milk, another man would have a large bucket of mugs all cleaned and he would give everyone a mug of tea including the crews, if the weather was bad then they would take tea in the carriage I would get him to fill my billy can up and we would take tea on the footplate.

Lewdown Flower and Produce Show 2025 Winners

Key to winners names:

Karen Alexander	KA	Tom Andrews	TA	Lynn Atkinson	LA
R Brixey	RB	Sue Chaplin	SC	Julie Chick	JC
Ashley Colon	AC	Liam Downing	LD	Alex Dufty	AD
Jemma Dufty	JD	Noah Dufty	ND	Frankie Hedger	FH
Monique Hedger	MH	Simon Hedger	SH	Willow Hedger	WH
Hannah Hill	HH	Henry Hill	HeH	Margaret Hill	MaH
John Hinks	JH	Audrey Jones	AJ	Colin Jones	CJ
John Law	JL	Judy Law	JuL	Isla Luscombe	IL
Tracey Manning	TM	George Metherall	GM	Liz Metherall	LiM
L Morris	LM	Andy Nash	AN	Megan Nash	MN
Natalie Nash	NaN	Nicola Nash	NN	Patrick Nash	PN
Sarah Nash	SN	Tim Nash	TN	Hilda Pengelly	HP
Barbara Scott	BS	David Seamons	DS	Joyce Vanstone	JV
Evie Walters	EV	Courtney Walters	CW	Roger Wonnacott	RW
Vicky Yeo	VY				

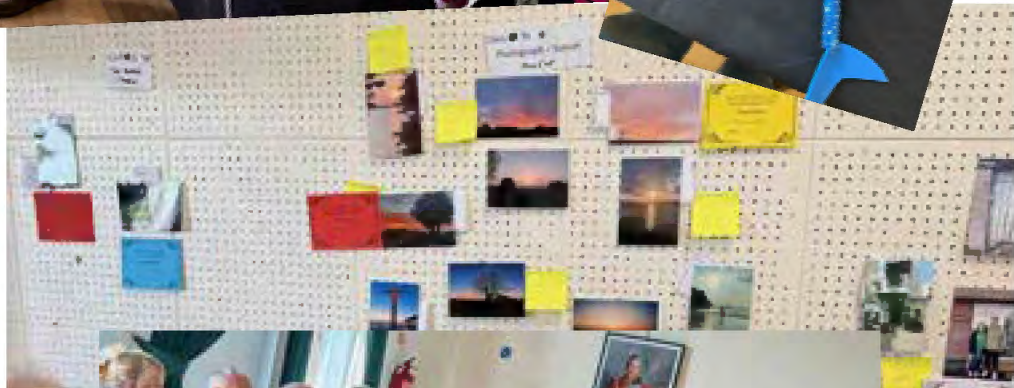
Section A - Classes 1 - 28	1st	2nd	3rd
1. Garden News Top Tray	LD	TN	
2. Three Salad Items on a Plate	LD	TN	JV
3. Three Carrots		CW	
4. Three Onions (Sets)	KA	KA	JV
5. Three Onions (Seeds, untrimmed)	LD	AN	JV
6. Three Beetroot (Round)	AN	AN	MH
7. Six Runner Beans	CJ	LD	TN
8. Three Potatoes (White-Round or Oval)	CW	TN	CJ
9. Three Potatoes (White-Long or Kidney)		CW	AN
10. Three Potatoes (Coloured-Round or Oval)	TN	CW	
11. Three Potatoes (Coloured-Long or Kidney)	CW		
12. The Heaviest Potato (One entry per exhibitor) (1 prize only)	JV		
13. One Marrow	LD	SH	
14. A bunch of mixed herbs in a jam jar	LA	MH	LD
15. Pair of Courgettes	JC	VY	TN
16. Six Shallots (Any variety)	LD	JC	GM
17. One Cucumber (Greenhouse)	KA	LD	CW
18. Six French Beans	LD	SH	CW
19. Cherry Tomatoes on the Vine	SH	JV	RW



20. One Summer Cabbage	KA		
21. Longest Runner Bean (1st prize only)	LD		
22. Four tomatoes	KA	AN	SH
23. Any Vegetable not in any of the above classes	TN	LD	TN
24. Two Peppers (any colour)	TN	LA	KA
25. Four Plums	AN	TN	MH
26. Four Apples (Dessert)	KA	TN	AN
27. Four Apples (Cooking)	MaH	AN	CJ
28. Six Soft Fruit in a Dish	TN	LD	JV

Section B - Classes 29 - 46	1st	2nd	3rd
29. Five Dahlias (Pom-Pom, under 2")	RW	MaH	
30. Three Dahlias (Cacti)	RW	SN	RW
31. Three Dahlias (Decorative or Ball)	RW	MaH	CW
32. One Dahlia	NN	LA	LD
33. One Rose (any variety)		PN	TA/SN
34. Six French Marigold Heads	NN		
35. Five Stems of Annuals	NN	SN	SN
36. Five Stems of Outdoor Perennials	SN	NN	SN
37. Six Sweet Peas (Mixed)	LD	JV	AC
38. Four Sweet Peas (One Colour)	JV	LD	
39. Three Gladioli (Mixed Colour)		SN	
40. One Gladioli	MaH/SN		
41. Five Rudbeckia Stems	JV	TA	JuL
42. Three Stems of Hydrangea	AN	LD	MH
43. Six Fuchsia Heads	JC	LiM	NN
44. Any Flowering Pot Plant (Max 8" Pot)	SN	LD	AN
45. Potted Orchid	KA	KA	
46. Potted Foliage Plant (Max 8" Pot)	JC	KA	SN

Section C - Classes 47 - 62	1st	2nd	3rd
47. Jar Blackcurrant Jam	MaH	NN	SN
48. Jar Jam (Any other Variety)	MaH	MH	VY
49. Jar Fruit Jelly (Any Variety)	NN	NN	JV
50. Small pot of Curd (Any Flavour, Cellophane Cover)	NN		
51. Jar Chutney or Pickle Mature (Any Variety, at least 2 months old)	SN	KA	JuL



52. Pineapple Upside down Cake	SN	MH	LiM
53. Victoria Sandwich (3 egg mix, jam filled, caster sugar dusting)	SN	MN	JuL
54. Sultana and Cherry Cake (Set Recipe)	JuL	NN	AN
55. Three Cookies	NN	MN	SN
56. Four Cheese Scones	MN	KA	JC
57. Four Pieces of No Bake Tray Bake	JD	SN	MN
58. Four Pieces of Flapjack	MN	PN	NaN
59. MEN ONLY- Lemon Drizzle Cake (Set recipe)	TN	JL	TA
60. MEN ONLY- Three Pieces of Chocolate Brownie	PN	TA	AN
61. Jar of Marmalade	JV	SN	MH
62. Bottle of Fruit Cordial	NN		

Section D - Classes 63 - 69	1st	2nd	3rd
63. WI Members only- Bara Brith (tea bread) set recipe (Monica Horn Trophy)	KA	JC	LA
64. An Item Made with toilet rolls	NN/AC	AD/LiM	HeH/ LiM
65. Home Made Birthday Card	BS/AD	HeH/ NN	FH/AC
66. An Item of Knitting, Crochet, Needle Felting or Tapestry	AJ	RB	RB
67. An Edible Necklace	SN	MH	NN
68. A Decorated Wooden Spoon	BS/AC	HeH/ FH	WH/ LM
69. An Animal Made from Fruit or Vegetables	NN	KA	MH

Photography 6" x 4" unframed - Classes 70 - 72	1st	2nd	3rd
70. A Bird Table Photograph	SN	HP	
71. Sunset Photograph	NaN	LD	NaN
72. A Doorway Photograph	SN	SC	SN

Section E - Floral Art - Classes 73 - 79	1st	2nd	3rd
73. A Basket Arrangement Containing Fruit and Flowers (45x45cm)	LiM	NN	
74. An Arrangement in a Cup and Saucer	LiM	HP	LiM

75. A Flower Arrangement in an unusual container (nte 6"x6")	LiM	LiM	NN
76. A Garden in a Seed Tray	PN	SN	FH
77. Victory Hall Top Vase	NN	SN	LD
78. Tallest sunflower	JuL/JL	AC	TN
79. Largest Sunflower Head	SN	TN	HeH

Children's Classes under 11yrs - Classes 80 - 81	1st	2nd	3rd
80. A Face on a Paper Plate	HH	AC	WH
81. Three Decorated Biscuits, decoration only to be judged	AC	HeH	HH

AWARD WINNERS:	
The JB Hill Cup Section A	LD
The LVH Challenge Cup Section B	SN
The WI Silver Challenge Cup	KA
The WI Monica Horn Trophy	KA
The Mary Stuart Challenge Cup Section C	NN/SN
A Silver Challenge Cup Sections B, C, D & F excl. WI & YFC	SN
The Children's Silver Challenge Cup Primary School Age	AC
The LVH Silver Challenge Cup Section D Adult	NN
The LVH Silver Challenge Cup Section D Child	AC
The Parkwood Trophy Section F	LiM
The Cedric Warren Memorial Trophy Most points in the show	SN
The Jim Nash Memorial Cup Most points Men's Cooking	TN/PN/TA
Christine Wonnacott Memorial Cup	KA
Best Sweet Peas	JH/JV

Many congratulations to everyone who took part 😊

Some Winners



Puzzle Page

The “Penny has 5 children” riddle?



Six neighbourhood children (Leisha, Benito, Delia, Charlotte, Weldon and Zina) were measured yesterday.

- Weldon is taller than Delia but shorter than Zina.
- Leisha is taller than Benito but shorter than Delia and Weldon.
- Benito is not the shortest.

Can you put them in order of

Can You Solve the “I Met a Man on London Bridge” Riddle?



October’s Evil Sudoku

	8				4			3
						1	6	
				9	5			
9			7	3			2	
	1			4			5	
	4			6	9			8
			9	5				
	9	2						
4			1				9	

Can you solve this rebus puzzle?



And finally this one?



September Answers

Visual puzzle Guess the item:

A guitar! It has a neck + a string + a body.

What is it that no one wants to have, but no one wants to lose either:

A lawsuit

Number blocks:

Answer: 9 The number on each loop is the number of blocks that could fit in the middle.

Evil Sudoku

6	7	1	4	8	5	2	3	9
5	2	3	6	7	9	4	8	1
8	9	4	2	1	3	6	7	5
9	6	5	1	4	7	8	2	3
2	1	8	3	5	6	7	9	4
3	4	7	8	9	2	5	1	6
4	8	2	5	3	1	9	6	7
7	3	6	9	2	4	1	5	8
1	5	9	7	6	8	3	4	2

What is the answer to this math problem: $x^3 + y^3 + z^3 = k$?

Known as the “sum of cubes” problem, for any value of k , the values of x , y and z must be whole numbers, which also includes negative numbers. E.g. if k is 3, the values of 1, 1, and 1 work for x , y , and z , but so do 4, 4, and -5. It turns out that as k goes from 1 to 100, it quickly becomes very difficult to calculate what values of x , y and z are needed to make the equation work, requiring the aid of computers to manipulate numbers 20 or more digits long. When mathematicians come up with new solutions for a value of k , it's such a big deal that they publish a paper to announce the result!

What is the real answer to: $6 \div 2 (1+2)$?

A few years ago the internet went crazy over this math problem. Depending on the order in which you do the operations, you get either 1 or 9, and there was fierce debate over which order was correct. Everyone agrees about one thing: First, you add 1 and 2 in the parentheses to get 3. This gives you an equation that reads $6 \div 2 (3)$. The second part of the equation tells us to multiply 2 by 3, so many people argued that the equation reduced to $6 \div 6$ or 1. But order of operations tells us to divide or multiply in order from left to right, which would have us take care of $6 \div 2$ first to get 3, and then multiply 3 by 3 to get 9, the correct answer.

It's a sign:

Answer: 11 Put a minus sign between the top and second signs and between the second and third signs, and then an equal sign between the third and bottom signs. So subtract, and then subtract again, to get the bottom numbers. So in the first column, you do $41 - 17 - 14$ to get 10. In the final column, you subtract 21 from 37, and then subtract 5 from that, to get the missing number, 11.

Lewtrenchard WI September Report



Barbara welcomed our speaker Ann Marcer talking about Yaks and Monasteries in the Himalayas, Trudi a guest and many of our members.

Ann started off by sharing her photos of Kathmandu and briefly revisiting her talk from last year. Kathmandu is a highly populated city, 1.5 million people, it really is made up of 3 cities, because the King at the time had 3 sons, but couldn't decide which son should inherit, so he split up the city into 3 parts, one for each son. Each son built his own palace and monuments, trying to outdo the others. Hindus, Buddhist and Christians live side-by-side with no religious fighting. Tourism is a very important income in Nepal. The 2015 earthquake destroyed many temples and houses, but the temples are so important to them that they start rebuilding them very quickly, many of the temples boast beautiful and intricate carvings. We were pleased to hear from Ann that some of the girls she taught forged themselves a career as teachers. We learned about the beautiful prayer flags & wheels, Ann talked us through all her photos. After some questions from the floor, including would she go back again, the answer is no, her job is done, but would if she was needed. Want to know more? Then follow Ann's Blog: <https://annmarcerinnepal.blogspot.com>.

Date & venue for next meeting: Monday October 13, 19:30, Lewdown Victory Hall

Nigel Hicks - Orangutans - visitors welcome, £3 cash/ card to include refreshments



Dates for your diary:

16th October
27th October

Thursday Coffee morning - **Strawberry Fields** (Garden Room)
Monday Walk, contact Mary E/Lynn

LewTrenchard Primary School Fundraiser
Wednesday 15th October, Lewdown Cricket Club, 18.00

Basic, Better, Best – which one is best??

Following the success of last years “Call My Bluff” evening, Friends of LewTrenchard Primary School are delighted to announce another evening of “guess the value of the antiques” with auctioneers from Bearnese Hampton & Littlewood Auction House kindly hosting the event.

£4 per person, children FREE

Lewdown Cricket Club – 18.00

We look forward to seeing you on the night!!



LEW TRENCHARD
C OF E PRIMARY SCHOOL

COFFEE MORNING

Coffee and Cake

Sending Shoe Boxes to the Romania Appeal 2025

Saturday 11th October

10.30 to 12.30

at

St Peter's Church

Lewtrenchard



**Chillaton and Marystowe
Fun Day**

We are starting to plan
the Fun Day for 2026

And we need your help!

Our first planning meeting is on:

Thursday 23 October at 1930 in
Marystowe School Room

If you have any great ideas or
would just like to be involved,
please come along and have your
say!

We look forward to seeing you
there ☐

If you have any questions please
contact either Deborah:

dpass@tiscali.co.uk

or Bridget:

bridgetpassmore@btinternet.com

Scam

Winter Fuel Payment Scam Warning



Winter Fuel Payment fraud, or Winter Fuel Payment scams, are a type of "Phishing" scam where criminals attempt to trick individuals, particularly older and vulnerable people, into giving up their personal and financial information. The scam typically involves fraudsters sending fake text messages, emails, or making phone calls that claim to be from a government department like the Department for Work and Pensions (DWP) or HM Revenue & Customs (HMRC). The messages often state that the recipient needs to "apply" for a Winter Fuel Payment or that they haven't submitted their application. They include a link to a fake government website where the individual is asked to enter personal details, including bank account information, in order to "claim" the payment.

Why It's a Scam

The key thing to remember is that in the UK, the Winter Fuel Payment for the vast majority of people is automatically paid to eligible individual. The government will never contact you by text, email, or phone to ask for your bank details or other personal information, in order to "process" your payment.

How to Avoid Becoming a Victim

The general public, and especially those who are eligible for the Winter Fuel Payment, can take several steps to protect themselves from these scams:

Be aware of the process. The most important thing to know is that if you are eligible for the payment, it will be sent to you automatically. You do not need to apply or provide your details.

Do not click on links in suspicious messages. If you receive a text or email claiming to be about a Winter Fuel Payment, do not click on any links. These links lead to fraudulent websites designed to steal your information.

Look for red flags. Scammers often create a sense of urgency, using phrases like "act now" or "deadline approaching."

Are there spelling and grammar errors in the message?

Don't share personal information. Government agencies will not ask for your bank details, PIN, or passwords over the phone, via text, or in an email.

Block and delete the message. If you receive a suspicious text, email, or call, simply block the sender and delete the message.

Tell others. Inform older friends, family members, and neighbours about these scams, as they are often the targets.

What to Do If You've Been Targeted

Do not respond to the scam. End all communication with the scammer.

Contact your bank immediately. If you have disclosed any financial information or lost money, call your bank's fraud department right away. In the UK, you can use the 159 hotline to connect directly to your bank's fraud department. Note – Most but not all telecom providers offer this service.

Report the scam. You can report a suspicious text message by forwarding it for free to 7726. You can send Phishing emails to: report@phishing.gov.uk You can also report scams to Action Fraud on 0300 123 2040 or via their website.

Feeling creative?



Why not pop in to my Monday evening workshop in the Nicholls Hall, Lydford and learn about painting with acrylics?

We meet every Monday 6.30-9.30

Beginners, intermediates and experienced artists all welcome for a social evening painting.

For more info call me on 07951 435448

Looking forward to seeing you
Clark Nicol

Who will back down first??

This is a transcription of a radio conversation between a US Naval ship and the Canadian authorities, off the coast of Newfoundland.

Canadians: Please divert you course 15 degrees to the south to avoid a collision.

Americans: Recommend you divert your course 15 degrees to the north to avoid a collision.

Canadians: Negative. You will have to divert your course 15 degrees to the south to avoid a collision.

Americans: This is the captain of a US Naval ship. I say again, divert your course.

Canadians: No, I say again, you divert your course.

Americans: This is the aircraft carrier, USS Lincoln, the 2nd largest ship of the US Atlantic fleet. We are accompanied by 3 destroyers, 3 cruisers, and numerous support vessels. I say again, that's one five degrees north, or countermeasures will be undertaken to ensure the safety of this ship.

Canadians: This is a lighthouse, your call !!!!

There has been no confirmation that this event took place and remains an urban legend to this day.

Kym Aykroyd

27/08/25

The North Tamar Mission Community



St. Mary the Virgin,
Kelly with Bradstone

St. Mary the Virgin,
Lifton

St. Nicolas,
Broadwoodwidge

St. John the Baptist,
Stowford

St. George,
Thrushelton

St. Peter,
Lewtrenchard

Ministers

Lifton, Broadwoodwidge, Stowford, Lewtrenchard, Thrushelton & Kelly with Bradstone United Benefice

The Revd. Philip Conway, 01566 784462 liftonpriest@yahoo.com
The Rectory, Parsonage Court, Lifton PL16 0BJ

Milton Abbot Benefice

The Revd. Gill George, 07947 604160 vicar@southtamar.church
The Vicarage, The Parade, Milton Abbot PL19 0NZ

Churchwardens

Lifton - St Mary's

Mrs E Brown 01566 784386

Sarah Chandler

Broadwood - St Nicholas

Mr D Perkin 01566 776758

Stowford - St John the Baptist

Mr C Chick 01566 783223

Lewtrenchard - St Peters

Mrs A Westlake 01566 783909

Mrs R. Dawe 01566 788838

Thrushelton - St George

Mr A J Nash 01566 783274

Mr T Nash 01566 783320

Kelly with Bradstone - St Mary's

Mr W Kelly 01822 870393

Marystowe - St Mary the Virgin

Amy Harrowell 01822 860181

Joy McSmythurs 01822 860630

Coryton - St Andrews

Mr G. Vicat 01822 820254

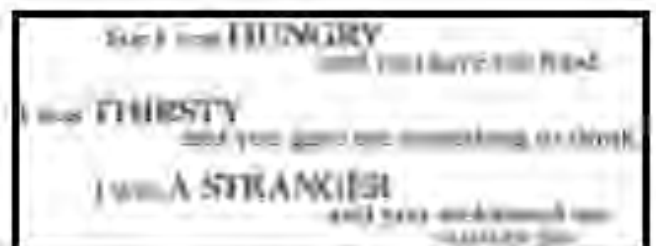
Mrs J Whitfield 07989 666427

From the Parish Priest

Dear friends,

As many of you know, due to recent, and not so recent events in our families' lives, Katie and I are in the position of reviewing and sorting out vast numbers of archive documents and photographs that we have inherited from our parents.

There are packets and packets, and album after album of small black and white photos of mainly anonymous faces, staring out at us.



The context of these pictures is a million miles away from our lives now, and it is so easy to forget the real lives behind the faces staring out.

But these were real lives of real people, not characters in a book or a play, but human beings made in the image of God and carrying the likeness of Christ in each of their faces.

The same can be said for those faces stare at us from the screens of our televisions and phones, or from our newspapers, of people whose lives we hardly recognise as they struggle with war and violence, with statelessness and extreme poverty.

It is so easy to ignore, or even deny, the humanity of people who are different from us, and the language that is sometimes used by those who claim to lead us to describe fellow human beings is sometimes uncaring and unchristian. Whatever opinions we may justly hold regarding the security of our nation and the stability of the world and our society, we must never remove the humanity from those whose situation is desperate. History, and indeed, the present time is littered with examples of groups of people being denied their God given Human dignity by others who believe themselves to be superior.

Jesus walked, talked and ate with all the groups of people that the authorities of his society regarded as enemies or worthless, and we must always work to demonstrate the priceless value of each and every human life, wherever that life is from, language they speak, colour of their skin, or situation they find themselves in.

With love and prayers

Philip

Service times for October 2025

Any updates will be posted on the Mission Community Website <https://north-tamar-churches.org>

5th October	6pm	on the eve Saturday 4th October Vigil Eucharist at Kelly
		Trinity 16
	9.30am	Parish Eucharist at Lifton
	11.15am	Parish Eucharist at Stowford
12th October	6pm	on the eve Saturday 11th October Vigil Office at Kelly
		Trinity 17
	9.30am	Parish Eucharist at Broadwoodwidge
		Morning Prayer at Thrushelton
	11.15am	Parish Eucharist at Lewtrenchard
19th October	6pm	on the eve Saturday 18th October Vigil Eucharist at Kelly
		Trinity 18
	9.30am	Parish Eucharist at Lifton
	11.15am	GIFT service at Stowford
		<i>A service for the very young and those who care for them</i>
26th October	6pm	on the eve Saturday 25th October Viogil Office at Kelly
		Last Sunday after Trinity
	9.30am	Parish Eucharist at Thrushelton
		Morning Prayer at Broadwoodwidge
		Morning Prayer at Lifton
	11.15am	Parish Eucharist at Lewtrenchard

Wednesday Morning Eucharist: 10.30 at Lifton

There will be some occasions when the Wednesday Morning Service will be a service of Morning Prayer.

Bridestowe Methodist Church

Preachers for October 2025

5th	M Shephard Harvest Festival US	11:00
12th	Rev J Cook S	11:00
19th	B Searl US	11:00
26th	V Penfold	11:00

St. Mary the Virgin, Marystowe

5th October	09:30	Holy Communion
19th October	09:30	Morning Praise

St. Andrew, Coryton

12th October	18:30	Evensong
26th October	16:00	Holy Communion

Please see the church website www.southtamar.church for details about services
Services are also available online from 6pm on Sundays

Quakers

Meeting for Worship:

Tavistock

Every Sunday 10.00am.

4 Canal Road

Tavistock

Contact: Kay Nicholson
01822 614596

Okehampton

Second Sunday 10.30am.

Fourth Sunday 10.30am

Second Sunday Children's Meeting

Ockment Centre

North Street

Okehampton

Contact: 01837 55805

Roman Catholic Services

Tavistock

Sunday 9.15am

Holy Days 10am

Fr. Greatbatch 01822 612645

(P. Sparling 01822 860355)

Okehampton

Sunday 11.15am

Sunday 5.30pm

Chagford - Saturday 5.30pm

Fr. A. K. Gundabathina 01837 52229

anil.gundabathina@prcdtr.org.uk

Launceston

Sunday 10.30am

Holy Days 7.30pm

Canon John Deeny 01566 773166



The Parish Priest, Churchwardens, and PCC of
**The Parish Church of
St. Mary the Virgin, Lifton**

Have great pleasure inviting you to join them
to celebrate

Harvest Thanksgiving



For an evening of

Celebration, food, fellowship and commitment

God's Generosity, Our response

Friday 10th October 2025

7pm: Harvest Thanksgiving Service

7.30pm: Harvest Supper *with a presentation of our Church's vision for growth and development*

Everyone, of all ages, is Very Welcome!

If you can, please RSVP with any dietary requirements to:

emma.davy1@gmail.com



**Stowford
Parish Hall** 

For bookings and enquiries contact Julie Chick Tel: 01566 783223

Email: stowfordparishhall@gmail.com

A Defibrillator is located in the porch - Postcode EX20 4BZ

Charity No: 1020031

TINHAY

BUILDING SUPPLIES LTD

Supplying quality building materials to the trade and DIY

**We're bigger
than you think**

Lifton

Tinham Mill Industrial Estate, Tinham, Lifton, Devon PL16 0AH

Telephone: **01566 784385**

Email: lifton@tinhaybuildingsupplies.co.uk

Launceston

Newport Industrial Estate, Launceston, Cornwall PL15 8EX

Telephone: **01566 771989**

Email: launceston@tinhaybuildingsupplies.co.uk

Tavistock

Pixton Lane, Tavistock, Devon PL19 8DH

Telephone: **01822 619509**

Email: tavistock@tinhaybuildingsupplies.co.uk

FREE LOCAL DELIVERY  

www.tinhaybuildingsupplies.co.uk

A.J.NASH BUILDERS LTD

Andy Nash

General Builder & Decorator



07769728425

01566783274

sarahnash@btinternet.com

IN THIS DESIGN

DESIGN AND CONTENT STUDIO

HELPING BRANDS STAND OUT

- LOGOS
- BUSINESS CARDS
- POSTERS & BANNERS
- LEAFLETS & BROCHURES
- SOCIAL MEDIA POSTS
- AND MORE

 @inthisdesign

 inthisdesign@outlook.com

Milton Abbot Grouped Parish Council

Please see our website for lots of information about Milton Abbot, Chillaton, Bradstone, Dunterton and the surrounding areas, along with a list of the Parish Councillors

www.magpc.co.uk

RED SQUIRREL TREECARE

Chillaton - Devon
Tree Removal - Pruning
Hedge Cutting- Seasoned Firewood
Low impact/small scale Forestry
call Matt on 01822860651
e:info@redsquirreltreecare.co.uk



Why Get Wet?



White Umbrellas

For

Your Wedding



To Hire

Tel: 01566 783342

All Proceeds to the Gurkha Welfare Trust

T C M Plumbing



Burst pipes? Tap dripping? Overflow running? Valves Leaking?
Radiators not getting hot? Gutters blocked or leaking?
Based locally at Inwardleigh we cover the surrounding areas
Helping you with your plumbing needs no matter how small

Contact Tim Morgan

Tel: 01837 810599

Mobile: 07838 901803

Or visit our website www.tcmlumbing.org.uk
to see what we can do for you



Blue Lion Inn, Lewdown

Charlie, Nicky, Charlotte, Georgia, Jonty & Alfie
Welcome you to our Family Friendly Pub

01566 783238



*Public House offering good food, real ales,
live music, pool, darts and BT Sports*

*For upcoming live music & quizzes etc. follow us on Facebook
Search for 'blue lion inn'*



Mobile Foot Care

Sally Isaac S.A.C. Dip. FHPT/FHPP

*Gentle and professional
foot care
in your own home*

If you suffer discomfort from

- corns
- cracked heels
- callus
- ingrown toenails
- thickened/tough nails

*or just have difficulty cutting
your toenails then
please ring me*

I'll come to you!

Telephone Sally
07961 076 168

WELCOME TO
LOBHILL FARMHOUSE
BED AND BREAKFAST
and HOLIDAY COTTAGE



Lobhill Farmhouse, Lewdown
EX20 4DT

Tel: 01566 783542
07817 244687

Jane Colwill

www.lobhillbedandbreakfast.co.uk

Gardeners

Enjoy the Winners Circle
For that champion veg
Collect your own FREE
Proper Well Rotted Horse manure

01566 783 515

lydvalefellponies@gmail.com

Free Bags Available!
Trailers welcome!



The Clovelly Inn Bratton Clovelly



Torben, Suzy, Alex & Thomas
look forward to seeing you
01837 871447

Apples Juicing

Have you got too many apples?
We can crush them, press, bottle
& sterilise for Juice

Contact - George Bellamy
Woolacott Farm, Lewdown

01566 783266

TOP SOIL

TOP QUALITY TOP SOIL FOR SALE

SEA SAND

ROAD PLANINGS

VARIOUS DECORATIVE GRAVEL CHIPPINGS & BUILDING AGGREGATES

No VAT

01566 784645 OR 07771 823414

Tim Dixon

Domestic Plumbing & Bathroom Fitting

01566 784028

07903535881

careful & reliable service

timdixonplumbing.co.uk



Andarus Trust

**Low Trenchard C of E
Primary School**



**Monday to Friday
8.45am to 3.15pm
2-5 year olds**

**Led by Liza Broadbridge
Early Years Teacher**

Please phone for availability
Early Years Foundation Unit with plenty
of safe outdoor space.
We accept Together funding for 2 year
olds and Early Years Education Funding
for 3 year olds.

Respect
Kindness
Responsibility

FLS

Friends of Low Trenchard C of E Primary School

We have an amazing team that
fundraise to enhance our children's
learning journey. Please see our FLS
Facebook page, school website and
local adverts to support our fantastic
school.

Bingo • Bake sale • Summer/winter fair • raffles •
summer sale • sponsored school events and more!

Wrap around care

Available for 3-11 year olds
£2 per hour (1/2 hour bookings available)
8am to 8.40 am breakfast club £2 per session
3.15pm to 5.15pm (4.15pm Fridays) after school care including snacks.

For more information, contact the school office on
01566 783273

www.lowtrenchard.dorset.sch.uk
Email lowtrenchard@andarus.org



MARK CHIVERS - SOLE TRADER

Highly skilled carpenter with over 40 years
experience, including but not limited to:

INTERIOR

KITCHEN • BATHROOMS • BEDROOMS
FLOORING • DOORS • WALLS

EXTERIOR

FASCIA & SOFFIT • GUTTERING & DOWNPIPE
WINDOWS (including sash repairs) • FENCING

FREE ESTIMATES - UNDER NO OBLIGATION

The best price and best service for your budget
Please Do Not Hesitate To Contact Me With Any Enquiries:



CARPENTRY & JOINERY

Mobile: 07804 104812
(8am-7pm)

Home: 01566 783743
(9am-5pm)

Email any time:
m.c.carpentry@outlook.com

CBL STOVES

The Showroom, Unit 5
Red Post, Bude, Cornwall
EX23 9NW

01288 381852
carl@cblstoves.co.uk
www.cblstoves.co.uk



Registered
Heating
Business



- Stainless Steel twinwall flues
- Chimney Lining
- Iskoern Pumice lining
- Fireplace alterations
- Stove Installations
- Wood, Multifuel, Gas & Electric Traditional & Contemporary Stoves & Fires
- Chimney Rebuilds
- Slate, Granite & Glass Hearths
- Wood & Ceramic beams & surrounds
- Floating Shelves



R Mears & Sons

Chimney Sweeps & Stove Installation

Established over 30 years

Vac Brush. Full CCTV investigations.

Pots, Cowlings & Bird Protection fitted. Chimneys Lined.

Solid Fuel Appliances, Rayburns, Woodburners,

Stoves, etc serviced. Fully Insured.

Tel: 01840 261221 Tavistock: 01822 664554

Mob: 07737 533392

www.sweepdevon.com



GRAHAM TOWNSEND GROUNDWORKS

WATER DRAINAGE & GROUNDWORK SPECIALISTS

**WATER LEAKS & RENEWALS
SEPTIC TANKS INSTALLED**

**DRAINS CLEARED
TREATMENT PLANT
ALL FENCING WORK
DEMOLITION**

**GROUNDWORKS
DRAINS REPLACED
MOLING (No Dig)
PATIOS DRIVES**

FREE ESTIMATES

TEL: 01837 657687 / 01566 783788

MOBILE: 07866 465093

email: info@gtownsendgroundworks.com

Roger's

**Painting & Decorating
Services**

**Interior & Exterior Work
Traditional & Modern Techniques
City & Guilds Qualified
30 years Experience**



Mobile: 07783 819171

Septic Tanks

Emptied

Phone: 01805 601203

Mobile: 07831 241531

**Leave a message, we will re-
turn your call, or email:**

hearnhaulageltd@outlook.com

**Small Lorry
Available**

Card payment accepted

Hearn Haulage Ltd

COLOUR PRINTING & COPYING

This service is available for a minimum of 10 copies at a charge of 5p/single or 7p/double sided copy.

For sale Copier Paper £4.75/ream

The Community NewsLink purchases its paper in bulk and as such is able to access competitively priced materials. We can currently offer our readers copier paper for the special price of £4.75 per ream, a vast saving on High Street prices. We recommend you phone to check availability and arrange a convenient time to collect.

Contact Terry Southcott
Fairview Bungalow, Lewdown
01566 783079 or 07831309666

All proceeds go to:
Lewdown Residents Association
who produce Community NewsLink

ROGER WONNACOTT

GROUND & GARDEN MAINTENANCE

- ▲ GENERAL GARDEN MAINTENANCE
- ▲ SERVICES RENEWED & REPLACED
- ▲ LEAK REPAIRS & TROUBLESHOOTING
- ▲ MOLE / GRUNDOMAT WORK UNDERTAKEN
- ▲ MOLE & COMPRESSOR AVAILABLE



- ▲ COMPLETE JOB PRICING OR HOURLY RATES
- ▲ FULLY INSURED & BASED NEAR LAUNCESTON

07919 912776
▼ rwonnacott@hotmail.com



supplier of
HARDWOOD LOGS
cut and split to your
requirements
Tel. Colin Bennett:
01822 487259
Mobile:
07523172369

Lewdown Victory Hall

Bookings contact
Roy Stacey
on 01566 783267



Broadbury Landcare

All aspects of Garden Maintenance
and Landscaping

Fully Qualified Fully Insured Free Estimates
18 Years Experience

Andrew Barton 07532 216216

Raw Meat Animal Feed For **Dogs & Cats**

Convenient blocks *Frozen to preserve*

Natural, just meat or meat and bone

No Preservatives, No Artificial Colouring's

(both can be harmful to your animal)

Raw Rations Plus



For information or to order

website: **www.rawrationsplus.co.uk**

Phone: **07831309666 or 01566783079**

Email: **sales@rawrationsplus.co.uk**

Post: Fairview Bungalow, Lewdown,
Okehampton, Devon EX20 4DL



A C WORTH BUILDERS



GENERAL BUILDERS, DECORATORS,
PLUMBING & HEATING,
PURPOSE MADE JOINERY etc.

Kirtonia, Vale Down, Lydford DEVON EX20 4BB

Email: acworthbuilders@aol.com



Tel: 01566 783282
Keith: 07778 471648
Andy: 07867 524515





*fabric
and
Furniture*



Upholstery Service

Collection & Delivery Available

 @fabricandfurniture
 fabricandfurniture
 Linda 07484 093494
 sales@fabricandfurniture.co.uk

www.fabricandfurniture.co.uk

BROADWOOD BOILER SERVICES



**QUALITY OIL FIRED APPLIANCE
MAINTENANCE AT
COMPETITIVE PRICES**

CALL MARK
 0781 4976 076 OR 01566 784298

MARKSTONE GRANITE

We don't just sell granite.....

- * Slate: Flooring, Worktops, Sills, Hearths, Tables & Benches.
- * Oak Beams, Sleepers, Barrels & Boards (perfect for shelves)
- * Natural Stone Paving & Cobbles.
 - * Porcelain Paving & Flooring.
 - * Reclaimed Bricks
- * Granite Quoins, Cobbles, Lintels, Steps, Plinths, Posts & Troughs




Tel. 01566 784289 Lifton Devon.
www.markstonegranite.co.uk

TAVISTOCK STOVES
& FIREPLACES

Woodburning, Multifuel,
Electric & Gas Stoves.




In our Showroom:

- Live working displays
- Maintenance products – rope, bricks, glass, cement, paint etc
- Fireplace accessories

Our Services Include:

- Free site survey.
- Full installation service.
- Repair & maintenance.



4 Vigo Bridge Road, Tavistock. PL19 0EY
 Tel. 01822 487700 sales@tavistoves.co.uk
www.tavistoves.co.uk

S H Joinery

Granite and Quartz worktop cutting and fitting
Cut roofs
Traditional A frames
Kitchen fitting
External bi fold doors
Joinery



Steve Hunt
07974 799062
shjoinery@hotmail.com



Caroline Harris MIAB
Owner & Bookkeeper

Tel: 01566 783 502

Mob: 07866 953 708

cmhbookkeeping@btinternet.com

www.cmhbookkeeping.co.uk

- + Bookkeeping
- + Self Assessments
- + Accounts Preparation
- + VAT Returns

Premier Pet Care

I am a dog walker and pet carer with 25 years experience based in Lewdown.

I offer individual and small group dog walks and holiday cat visits, so they can stay in the comfort of their own home whilst you are away. I am a qualified veterinary nurse, fully insured and can provide references on request.



Judith James

07527062889

premierpetcare@btconnect.com



Find me on Facebook: **Premier Pet Care**

K. Moore & Son. PLANT HIRE

**Specialising in all sitework,
drives, sand schools, septic tanks
hedging and all types of farmwork.**

Royal Oak, Newton Down, Lifton

Tel:- 01566 784722

07785 540494



07734 956925

8- Seater Vehicle Available

Anytime - Anyplace - Anywhere

AIRPORT • TRAIN STATION
SHOPPING • DOCTOR

Prompt Reliable Honest
FAMILY RUN COMPANY
24/7 365 days

Chair Yoga for Seniors

with Yogajeanie

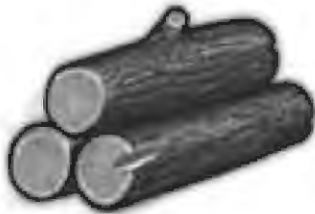
Chair yoga helps with
Muscle toning
Reduced stress levels
better breathing habits
better sleep
overall sense of well-being
It's fun too!

Interested?
Just come along in comfy clothing

At Lewdown Village Hall
Thursday's
from 10:00 am -11:00 am
£7 per class

For more information contact
jeanharris50@hotmail.com
Mobile 07929 278788

LOGS



SEASONED
HARD WOOD,
SPLIT TO YOUR
REQUIREMENTS.

DELIVERED
LOCALLY

07942 073204
the2relics@gmail.com

PLUMBER

EST 40 Years

**Lewdown
& District**

Tel: 01566 783562

Mobile: 07731878510

Bratton Clovelly & Area Twinning Association

(incl. Bratton Clovelly, Throckelton, Lewinsay, Staunton, Portgate, Northlow, Chelerton, Halwill, Milton Abbot, etc.)

We have been twinned with Nonant a commune in the Calvados department in Normandy, France for 48 years and we need new members to join us in first visiting, then perhaps hosting on a biannual basis.



We are visiting our French friends from May 14 - 18 and you are welcome to join us, children are welcome, no French required.

For information contact Monique, club secretary:
monique@hedger.biz

