

**The Area Magazine for Lewdown, Stowford, Thrushelton,
Lewtrenchard, Chillaton, Coryton & Marystow**

May 2025

community newslink

for all that's going on in your area...

50p
donation



Published by the Lewdown Residents Association

Registered Charity Number: 1071808

Funded by the Subscribers, Advertisers, Sponsors & Area Churches

Fire/Police/Ambulance Emergency 999

All other contact with Police 101

Police Contact/Crime Prevention PCSO Seoniad Greenwood 101

Neighbourhood & Farm Watch

Horse Watch Gina 01837 840716
Floodline 0345 988 1188

Parish Clerks

Lewdown Grouped
Peter van Delft 01566 783023
lewdowngpc.clerk@gmail.com
www.lewdowngroupedpc.org.uk

Milton Abbot Grouped
Jane Savage
clerk.magpc@outlook.com
www.magpc.co.uk

Stowford
Peter van Delft 01566 783023
stowfordclerk@gmail.com
www.stowfordparishcouncil.org.uk

West Devon MP

Geoffrey Cox 01822 612925

County Councillor

Lois Samuel 01837 851240

Borough Councillors

Milton Ford Ward
Neil Jory 01822 860342
Bridestowe Ward
Terry Southcott 01566 783079
Caroline Mott 01837 861212
Tamarside Ward
Chris Edmonds 01566 784794

Schools

Lewtrenchard 01566 783273
Lifton 01566 784288
Milton Abbott 01822 870273

Colleges

Tavistock 01822 614231
Okehampton 01837 650910
Launceston 01566 772468

Ring & Ride

Okehampton Area 01837 55000
Tavistock Area 01822 618028

Community Groups

Cricket Club 07847111330
Chillaton Football Club 01822 860476
Lamerton Pony Club 01822 860350
Lewdown Past 01566 783396
Lewdown Residents Assoc. 01566 783320
Lewtrenchard WI 01566 783765
Lifton Benefice Churches
Revd Philip Conway 01566 784462
liftonpriest@yahoo.com
Lifton Surgery 01566 784788
01566 784111
Red Spider Company 01409 221376
Recreation Field 01566 783367
Stowford Hall 01566 783223
Victory Hall 01566 783267
Youth Cricket 07847111330
Young Farmers 07443 461344

Advice Helplines

Citizen's Advice Bureau 08444 111444
West Devon Women's Aid 01837 55228
Age Concern 01752 665424
Health Information Line 0800 665544
Homelessness Trust 01822 615259
Parentline 0800 8002222
Relate 01392 275681
Samaritans 08457 909090
Tavistock Area Support Svcs. 01822 616958
Age UK 01822 616958
Transport to Health 01822 617525
Victim Support 01822 820455
Youthwise Okehampton 01837 54004

Shop & Post Office

Copper's PO & Stores 01566 783218
Lifton PO & Stores 01566 784211

Front Cover Picture

Description

Off to new pastures... Moving sheep to new pastures is a common practice in animal husbandry to ensure the health and well-being of the flock.

Photo: Becky

newslink archive

www.rawrationsplus.co.uk/lraarchive.html

For us to be able to print and distribute the community newslink it costs approximately £500 a month.

Please make an annual donation of £5+ for yours to:

Account name: **Lewdown Residents Assoc.**
Sort code: **090154**
Account number: **97666081**

Thank you for your support

community newslink

Produced by Lewdown Residents Association

A magazine providing news, information & items of interest for the areas of Lewdown, Stowford, Thrushelton, Lewtrenchard, Chillaton, Coryton & Marystowe

Established January 1999
Issue No. 289 May 2025

Editor: Simon Hedger
St. Anthony's, Stowford, Lewdown, Okehampton EX20 4BY
Telephone: 01566 783765 Email: newslink@hedger.biz

Production, Distribution and Delivery Helpers:
Tim & Sarah Nash, Simon & Monique Hedger, Terry Southcott, Andy McCarthy, Ruth Dawe, Audrey Jones, Tom Andrews, Mike Bickell, Esther Van Delft, Rita Squires, Bob Holland, Julie Chick, Coppers Stores, Keith Abayomi-Turner

All news, photographs, reports, events, etcetera for NewsLink need to be sent to the Editor by the 15th of the preceding month.

We welcome your articles / items / advertisements. Though we do our best, we cannot guarantee to publish all that is sent to us.

B&W advertising in newslink is free for Charity events in our local areas.

Adverts for events outside of the area and for businesses are priced as follows:

	Black & White	Colour
1/4 page	£4/month or £40/year	£6/month or £60/year
1/2 page	£8/month or £80/year	£12/month or £120/year
Whole page	£12/month or £120/year	£16/month or £160/year

Please note that advertising prices are subject to VAT at 20%

Dear readers...

I went to the chemist the other day, and was prescribed anti gloating cream.

I can't wait to rub it in.

Good evening to you all, and I do hope you were able to make the most of the glorious weather we have had over the last few weeks, although my garden could do with some rain ~~to~~ to encourage some movement, no signs of the potatoes poking their little shoots out of the ground. I Have seen my first Swallow on the 5th of April so summer must be on its way.

We even went to Bude with the grandchildren and paddled in the sea, although Alex the youngest, took an instant dislike to cold water, and let everyone know that granny was not being very nice when she dangled his tiny toes in the waves. Strangely he was much happier about an even colder tub of ice cream, which he was only too happy for grandad to feed to him. He didn't even seem to mind the fact that by the end he was probably wearing a fair percentage of it on his shirt front.

Will close now as I have to get the omelette started for my tea, the chicken are laying quite well at the moment.

Best wishes to you all. From Tim Nash chairperson of this illustrious magazine.

Did you hear Julie Andrew's will no longer endorse cheap lipsticks, It crumbles easily and makes her breath smell.

She explained "The super colour fragile lipstick gives me halitosis."

LEWDOWN VICTORY HALL

Annual plant & Jumble sale

Saturday the 10th of May

Doors open at 2pm

Admission £1 which includes tea/coffee

Any jumble can be left at the hall from 10am
(by the entrance if nobody there)

Red Spider Company Presents:

The amateur production is presented by arrangement with Concord Theatre Co Ltd and Kathryn West.


A Night of Comedy



AFTER ESME by Kathryn West
and
LAST TANGO IN LEWDOWN
by David Tristram

15th, 16th, 17th May 2025
LEWDOWN VICTORY HALL
7.30pm (doors open 7pm)

TICKETS: £10 Adults
Online: www.Seaty.co.uk/EsmeTango
TEL: **01409 221409**
On the door, subject to availability.



Draw Results

April

★ £15 Megan & Rob Squires #125
★ £5 Audrey Jones #19
★ £5 Caroline Wonnacott #69

Soupa Troopers

All welcome to this community event



Wednesday May 14th

From 12.30pm in Lewdown Victory Hall

Soup and a Bread Roll, Tea or Coffee - £4

Followed by conversation & games



From the Editor

The **newslink** committee wishes to extend a huge thank you to the Stowford Quizzers and Stowford Parish Council for the financial support that has been recently provided.

We could do with contributions for our magazine. Perhaps on sport: fl, rugby, football, bowls, darts or culture: arts, drama or science: astronomy, weather, physics. Please get in touch by email: newslink@hedger.biz

Thank you



The Ark

AT BRIDESTOWE METHODIST CHURCH

Is open for teas and coffee and a chat on
Tuesdays From 10am to 12noon & 2.00pm to 4.00pm
Thursdays From 10.00am to 12noon

Do come and join us, you will be made most welcome.
You will find us on Launceston Road, Bridestowe.

Lewdown

Located in the roadside porch of the Blue Lion, EX20 4DL.
Please note it is not recognised by 999 calls if more than 200 metres away from it. When ringing 999 they will access code to open box.

Chillaton

Located in the Village Square on the wall of No. 1 Barn Cottages, PL16 0HS. The 999 operator will be able to give directions for its use.





The season is rapidly approaching with the first Junior Games starting in late April and the first adult friendly scheduled for Saturday 26th April. Its time to get those legs moving and your arm turned over!

2025 OUTDOOR TRAINING (throughout the summer)

Adult Training every Thursday (6.30pm onwards) Adults from 13+ at the Recreation Field

Junior Training will begin

on Friday 25th April at 6.30pm at the Recreation Field

HOME FIXTURES (1.00pm start)

Saturday 3rd May 1st XI vs Chudleigh

Saturday 10th May 2nd XI vs Ivybridge

Saturday 17th May 2nd XI vs Ipplepen

Saturday 24th May 1st XI vs Brixham

Saturday 31st May 1st XI vs Bovey Tracey



Many of you will be aware that our equipment shed was broken into and mowers were stolen. Other sports clubs in the area were also targeted. Whilst we are insured, the excess and other costs are an expense we could do without. This means we need all the help we can get through sponsorship and fundraising. Two ways of helping with this are :

Match Ball Sponsorship: One relatively low-cost way of supporting us is through match ball sponsorship. Every Saturday we have to use a brand new ball for each innings and at £15 per match this is a great way to support our club. Your name or business will be displayed on A-board at the game and on social media over that weekend. Make contact on the number below if you interested.

50/50 Draw: Tickets are £5 each. 50% of the money goes in to the prize fund and the other 50% goes towards running the club and investing in facilities and equipment. Tickets will be available at the club and at the Blue Lion. Equally, if you think you can sell some books of 5 tickets please contact us on the numbers below.

Club Contact:

Geraint Williams 07850 786310

Junior Cricket Coordinator:

Mike Maynard 07974 756136

Punishment Book

Stowford Church of England School 1935 - 1946



This is the seventh in this serialisation of Stowford's school book of punishments, on this page it seems half the schools pupils had an issue with the local livestock.

Peter van Delft

Date	Name of Child	Age	Offence	Amount of Punishment
1941 July 23 rd	David Goater Eric Frise William Woodbridge Donald Woodbridge John Wickett William Wickett Norman Wickett Roger Wickett Brian Cobbledick Arthur Murphy Kenneth Murphy	13 13 13 10 12 11 9 8 10 11 9	Driving yearlings from shed in field next to the meadow causing them to break gates + divisions yesterday in dinner hour.	Three strokes on each hand
1941 Sept 5 th	Arthur Murphy	11	Wasting paints then denying this, insolence, (banged desk because he wanted to).	Three strokes on each hand
1941 October 24 th	John Murphy	13	Throwing cake on Tuesday last in dinner hour, hit Brian Cobbledick on temple (also previous day continued disobedience 23/10/41)	Three strokes on each hand
1942 July 1 st	Donald Woodridge Billy Wickett Norman Wickett John Ryan Gerald Parsons Charles Jacques	12 13 9 8 8 8	Making noise in road near school at home time yesterday by chasing pigs from road across to field	Two strokes on each hand
1942 July 1 st	Billy Woodridge	13	Annoying, (said playing hounds with stick) small boy Dudley Brown aged 6 on way home last night	Two strokes on each hand
1942 July 1st	Margaret Earle	12	Insolence, (indecipherable)	Three strokes on each hand

Reflections of a Steam Fireman

At the coal stage in Guildford Loco were two running tracks one to take coal and the other to store engines that would be too large (Pacifics 4-6-2 etc) to get in the running shed, next to this was a raised walkway for cleaning the electrics stock, that were stabled overnight, next to it was the cattle dock and farmers would bring their stock down for transport all over the country and occasionally the whole farm this would involve a freight train made up of various wagons for his vehicles, trailers, his stock bull, cows, sheep, goats, donkey, poultry, tractors and implements, also hay, straw, the farmers family, they would be accommodated in a small 6 wheel coach next to the engine.

It would all be loaded and engine placed on the front, if it was going to Wales, Hereford etc our loco would work to reading and GWR would take over, otherwise it would be taken to Kew junction for the north London lines, it would not be possible now because farm machinery is so much larger.

The loco lost a lot of passenger work with the Beeching closures but we gained a lot more ballast work resulting in Woking yard not being able to cope, so Shalford yard was used to strip the old track of sleepers and renew with new concrete sleepers and an engine was rostered to shunt there each day, when a train was made up it would be taken to Woking to be distributed to all parts of our region.

The Woking to Basingstoke line was 24/7 other parts of the region was at weekends. A bus service would operate where the line was being repaired or replaced. The Woking to Basingstoke main line and right through to Bournemouth was to be renewed for a line speed from 85mph to 90mph and long welded rail would be used, no more clickety clack!

My first experience of long welded rail was on our empty stone to Salisbury and return with loaded stone from Meldon or Frome but this day we backed onto a set of low wagon containing 600ft length of rails and I said to the driver how are we going to get back to Woking he said look back as we leave the yard we had a N class 2-6-0 tender engine and sure enough as we left the yard the rails bent like a snake they were chained to the wagons but allowed to slide to the left or right as needed on rollers quite a sight our maximum speed was 25mph.

That weekend I was the fireman on a N class again and we had to take the rails to be fitted. This involved getting to the site the guards van would be uncoupled and the engine and wagon pulled



forward to the spot where they were being fitted the platelayers would fix chain to two rails and to the track rail and if the driver pulls away steady they would drop in the exact spot where needed no huffing and puffing with long bars to get them in the correct spot, we would keep pulling forward until our load was off.

The platelayers would undo the fishplates on the track remove the 60ft rails and replace with 600ft then they would set a thermite mould up over the gap between the rails and proceed to butt weld. This involved heating up the rails and the mould on top with a mixture that melted into a molten liquid and when the chief welder was happy he would throw something into it which lit the sky up with a bright white light and his mate would open the mould and molten liquid would make a perfect joint, then a grinder was used to remove any excess. The 60ft rails would go back to Woking or Shalford to be used again.



STOWFORD COMMUNITY COFFEE MORNING

Come and meet your neighbours for a coffee, cake and catch up!

We meet on the first Tuesday of every month at
Stowford Parish Hall.

10am - 12noon. All friends and family welcome.
£3 per person (cash only) which includes a hot drink
and homemade cake.

All profits are donated to a charity
chosen by villagers

If you need help with transport, please contact
Tracy on 07973 327161



Low Trenchard C of E
Primary School



Monday to Friday
8.45am to 3.15pm
2-5 year olds
Led by Lisa Broadbridge
Early Years Teacher
Please phone for availability
Early Years Foundation Unit with plenty
of safe outdoor space.
We accept Zenith Funding for 2 year
olds and Early Years Education Funding
for 3 year olds.

Respect
Kindness
Responsibility

FLS
Friends of Low Trenchard C of E Primary School
We have an amazing team that
fundraise to enhance our children's
learning journey. Please see our FLS
Facebook page, school website and
local alerts to support our fantastic
school.
We're always "ambassadors for coffee"
which are "personal professional meetings"

Wrap around care
Available for 9-11 year olds
£2 per hour (2/3 hour bookings available)
8am to 8.40 am breakfast club £2 per session
8.45pm to 5.15pm (4.15pm Friday) after school care including snacks.

For more information, contact the school office on
01506 783379
www.lowtrenchardc.ofe.sch.uk
Email lowtrenchard@lowtrenchardc.ofe.sch.uk



One reader recently received this by email:

Hello

Thank you for pledging your Gigabit Broadband voucher towards your community scheme. The support from the community has been great, but we still haven't hit the required target.

We need more pledges from your area to enable Openreach to build a full fibre network. If you can, please encourage your friends and neighbours to check their eligibility and pledge their vouchers; then confirm their details with the Government, which will validate their vouchers. They can pledge at www.openreach.co.uk/connectmycommunity.

We really appreciate your help to spread the word in your community, we're keen that we cover as many premises in the area as we can. If we hit the funding required, we can progress to the delivery of your project; subject to survey and local build capacity.

Anyone who pledges and validates a voucher, just needs to order a full fibre service from their provider of choice once the network is built.

Thank you for your help.

Kind Regards

Samantha Lindsay-Dorward

On behalf of the Fibre Community Partnership Team

Gardening Jobs For May

There are two bank holidays in May and it's a good job too, as there are plenty of jobs to do this month and we gardeners need all the time we can get!

Succession sowing

Just because you have already sowed, planted and maybe even started to harvest some crops it certainly doesn't mean that's it for this year.

Relatively quick growing crops like lettuce, spring onions, radish & beetroot can be sowed again to harvest another crop later in the year.

There are however some quick growing crops which shouldn't be sown again until the end of the summer – rocket, spinach and turnips have a tendency to bolt in the height of summer so if you didn't sow them early, you'll have to wait.



Looking after young plants

There will be plenty of crops you planted in April, and plenty more to plant in May, there are a few things I thought it'd be helpful to share which I have learnt (often the hard way).

Until young plants get established, and build a strong root network, they are susceptible to drying out and wilting. So I give plants a good soak on planting, and keep an eye on them for at least a couple of weeks especially when the weather is dry.

The same thing applies to slug damage, young plants can easily be decimated by slugs and so keeping plants tidy (clearing away lower leaves) is a good idea.

If like me you have problems with birds pulling plants out of the ground, you can cover new plantings with netting or put up bird scarers (I use old CDs) – whatever works for you.

Quick fire tips

- Last May I suggested sowing radish in between rows of parsnips, with various benefits, and the same thing applies when you sow rows of carrots
- Now is the time to pick Rhubarb, simply grab a stalk that's ready to pick, and gently twist the stalk away from the plant. My favourite use for rhubarb is in a crumble, but how you use it is up to you.
- The warm and wet weather at the end of April may have been good for our vegetables, but it is also the ideal conditions for weeds, so stay vigilant and keep on top of them

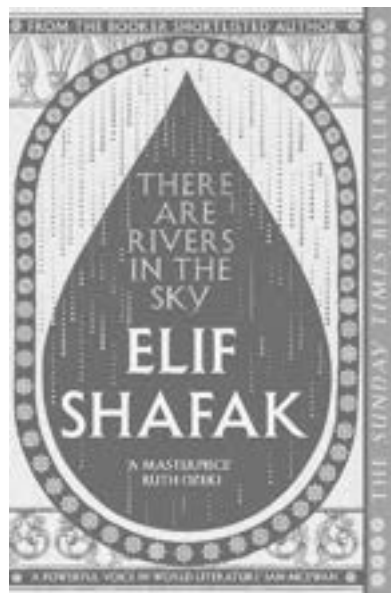


May the weather be with you!

Liam

Fiction Book of the Month

There are Rivers in the Sky by Elif Shafak



An exquisitely constructed meditation on love, loss, and memory.

There Are Rivers in the Sky is a rich, sweeping novel set between the 19th century and modern times, about love and loss, memory and erasure, hurt and healing, centred around three enchanting characters living on the banks of the River Thames and the River Tigris - their lives all curiously touched by the epic of Gilgamesh.

Gilgamesh is a demigod-king of Uruk from ancient Mesopotamia, and the central figure of the Epic of Gilgamesh, one of the oldest surviving works of literature.

Publisher: Penguin Books Ltd
ISBN: 9780241988749

Spinach-Pasta:

Cook 500g orecchiette pasta until al-dente, as per pack, drain, but save 200ml of the cooking liquid.

Ingredients:

2 onions, chopped
2 garlic cloves, chopped
1 knob of butter
200ml single cream
3 tbsp. peanut butter
½ tsp. nutmeg, grated
250g spinach
200g cheese such as Reblochon
2 tsp. salted peanuts, roughly chopped
Salt & pepper



Method:

Heat butter in a wide pan, add onion & garlic, cook and stir for about 3 minutes, add pasta cooking liquid and cream, bring to a boil. Reduce heat, add nutmeg, cook for 5 minutes. Add half the spinach, blend and season.

Roughly grate the cheese into the warm sauce, add the pasta and the remaining spinach, heat up, mix well, serve and sprinkle the peanuts on top

By Monique

Cocktail of the Month 'Mojito'

Mix this classic cocktail for a party...

...using fresh mint, white rum, sugar, zesty lime and cooling soda water. Play with the quantities to suit your taste.

YOU WILL NEED:

- juice of 1 lime
- 1 tsp granulated sugar
- small handful mint leaves, plus extra sprig to serve
- 60ml white rum
- soda water to taste



METHOD:

Muddle the lime juice, sugar and mint leaves in a small jug, crushing the mint as you go – you can use the end of a rolling pin for this. Pour into a tall glass and add a handful of ice.

Pour over the rum, stirring with a long-handled spoon. Top up with soda water, garnish with mint and serve.



Friday 11th April saw the county round of pool skittles and darts. Lewdown came 2nd in darts (Sam Moyse, Tom Perkins & Grace Orchard), and won the pool with mixed doubles (Ayden Daniel & Lily Cleave) women's singles (Ruby Richards) and men's singles (Rob Heard).

Monday 14th April was our annual Easter bingo raising around £450 for our 3 charities this years Devon Air Ambulance, MIND & Chemotivation. Another well attended event so thank

you to everyone who supported it.

Towards the end of April members also had a tour of the CREDITON milling factory. Founded in 1964, CREDITON Milling is a third-generation family run animal feed business.

The state-of-the-art mill is based in CREDITON in the heart of Devon. The facility

which has been recently rebuilt is currently one of the most modern animal feed production facilities in the UK. It was a really interesting tour and great hospitality so thanks to the CMC team!



We have lots of fundraisers for the summer planned so keep an eye out in the newsletter and on our social media!



From the Mountains of Japan

No.11 - On the Highway

Japan is famous for its high-tech train travel and the extreme punctuality of its public transport, but travelling by road can be another matter.

The equivalent of motorways are toll highways, which have an extensive network. They are usually elevated, with no way on or off except through special toll gates. However, except in major cities, they are usually two-lane, while in some rural areas they might only be single-lane with occasional passing places.

For long journeys, however, they are a necessity. Away from highways, the national routes can be a spaghetti-like mess where overtaking is non-existent. The roads are busy, windy, and dotted with traffic lights. And Japan's urban sprawl is such that the entire journey between two major cities could be through a seemingly endless built-up area of chain restaurants, convenience stores, out shopping warehouses, meaning that breaking the 50km/h speed limit is a pipe dream.

On the downside, for a single driver, highway tolls can cost as much as a train fare. Nagano to Tokyo, a distance of about Exeter to London, costs around fifty pounds each way, although if you have a kind of highway credit card, called an ETC card, it's a little cheaper. One reason for this is the cost of all the tunnels. Japan is extremely mountainous, so in some areas you can spend more time in tunnels than out of them, killing any chance of a decent view of the sea or mountains.

Dotted along the highway are road stations. These are great places to stock up on souvenirs, local food, or coffee. Many have a play area for kids or a viewing spot of local scenery. Unlike in Britain, you won't be fined for stopping too long, and the only thing that is excessively expensive is the petrol. Always fill up before you get on the highway.

This March, my daughter and I took a 1,500km road trip along the Japan Sea coast. Probably half of it we spent gently cruising on the highway, the other half getting car sick on confusing local roads, driving for miles through half empty villages where my phone signal would cut out, and signs seemed to double us back on ourselves. During long hours of highway driving, however, we were cheered up in the road stations by little perks such as fresh flowers in the toilets!

Chris Ward





**Worried about
money?**

We're here to help.

Money worries can feel overwhelming. Our friendly advisers can help you:

- Understand your options
- Manage repayments
- Access support and benefits
- Feel more in control of your finances

We're here to help you move forward.



0808 278 7999



moneyadvice@citizensadviceetnmwd.org.uk



In person at our offices - please see our website for opening times

**citizens
advice**

Torridge, North,
Mid & West Devon



www.citizensadviceetnmwd.org.uk





Stowford Village Open Gardens

EX20 4BZ

Sunday 8th June

11am-5pm

In aid of St John the
Baptist Church

Admissions to Gardens £6

Under 16's Free

Tickets will be available at
Stowford Parish Hall

Refreshments and a plant stall will be
available at the Village Hall, and in some
gardens, home made crafts are available for sale

Farming Report

Hopefully by the time you're reading this newsletter we will have had a substantial amount of rain to get the grass growing! Although it's been lovely to work in, we haven't had very much rain at all since March and it's rather dry for the time of year, and not much rain to wash in the muck and fertiliser that has been spread on the fields. You can never please a farmer with the weather!

Calving has all but finished for us and it's been one of the most successful years for us. I look forward to seeing how the calves develop over the summer and start to think about what ones I will show at the summer shows, as we passed our 6 monthly tb test at the end of March which is always a relief!

We've also had to vaccinate all our animals against Bluetongue, which could be quite a problem this summer with the mild weather we've had over the past few months. Let's hope it isn't as bad as they say it might be but nevertheless we have vaccinated to protect against the virus at quite a considerable cost¹ (no funding by defra).



Becky Dennis

The Life of a Model Railway Buff

Part 4: As part of building the layout many rainy-day hours are spent on the detail. Model kits provide the structure but the fun comes from installing lighting and customising the interiors. Landscaping is also a feature but can be very time consuming. From grasses in multiple colours, trees, bushes to walls, fences there isn't anything you can't buy or make. You are limited only by your imagination - and budget! The fiddliest so far has been a kit to make dahlia plants with individual flowers 1mm in diameter. There are many figures available to buy in various poses and settings and these, combined with the buildings and models on the layout often create "cameo" appearances of friends and family. Their challenge is to then find themselves on the layout when they visit.



Dublo Boy

Stowford's



at

Stowford Parish Hall

Ending the current season on the 10th April, the Stowford Quizzers had another great evening. On average 32 quizzers attended each of the month's quiz nights.

The quizzers have raised £360 for charity this season. It was agreed that Stowford Parish Hall, Newslink (Lewdown Residents Association) and the R.N.L.I. would all equally benefit from the total sum raised.

Thank you to everyone who came along and supported each evening. We look forward to seeing you all again on Thursday 9th October for Season 4.

Bus Times from May 1, 2025

	306	306	306	306
<u>Westgate Street</u>	06:28	09:28	13:28	17:28
<u>Lifton Lifton Hall Hotel</u>	06:43	09:43	13:43	17:43
<u>Lewdown Post Office</u>	06:51	09:51	13:51	17:51
<u>Bridestowe turn</u>	06:58	09:58	13:58	17:58
<u>Okehampton West Street</u>	07:10	10:10	14:10	18:10
<u>Okehampton Railway Station</u>	07:17	10:17	14:17	18:17



	306	306	306	306
<u>Okehampton Railway Station</u>	07:30	10:25	14:25	18:25
<u>Okehampton West Street</u>	07:37	10:32	14:32	18:32
<u>Bridestowe turn</u>	07:48	10:43	14:43	18:43
<u>Lewdown Memorial</u>	07:56	10:51	14:51	18:51
<u>Lifton Arundel Arms</u>	08:03	10:58	14:58	18:58
<u>Westgate Street</u>	08:15	11:10	15:10	19:10

News from Lew Trenchard CofE Primary School



It's been a very busy and exciting month at school!

We had our final race for our cross country team for OCRA West Devon primary schools, everyone ran incredibly well!

We had a visit from four of the residents from Pendruccombe House in Launceston. One of them, Mavis was a former pupil here when the school was just two classes! She enjoyed telling the pupils about it and seeing how the school has changed. Hopefully, they'll come again.

This afternoon, four yr 6 girls represented our school at a regional swimming gala. They were absolutely brilliant and won their first heat and came 2nd in the second event, overall finishing 4th in the small schools division, narrowly missing out on reaching nationals.

As a school we are keen to be sustainable where ever possible. We have therefore joined a new initiative that we have launched within school! We have partnered with a company called Denner UK, to start a NO COST recycling program to collect empty inkjet and toner cartridges, and we are asking you all to get involved by spreading the word to family and friends. Please bring any unwanted printer cartridges to school, we then receive up to £1 per cartridge, helping us to raise funds for our projects.

Andy Wolfe, Executive Director of Education at The Church of England, invited us to be part of the process for the appointment of the next Archbishop of Canterbury!

We have had the opportunity to share the views, visions and opinions of KS1 and KS2 pupils to feed into the process of appointing the next Archbishop of Canterbury.

On our last day of term we had a really exciting day out to the aquarium in Plymouth! It was amazing and we all enjoyed our different workshops and looking around at all the marine life. This was kindly funded by the FLS!



MOUNT
KELLY
CHORAL SOCIETY

Concert

Carmina Burana by Carl Orff

Saturday 3 May 2025 at 19:30

St Eustachius' Church, Plymouth Road, Tavistock, PL19 8AU



Join us for what promises to be a spectacular performance of this much loved work, in the thrilling arrangement for choir, soloists, two pianos and percussion

Tickets £15 on the door, £14 in advance from Book Stop or
www.ticketsource.co.uk/mount-kelly-choral-society
Free for U18s

Puzzle Page

- 1. Taking one from eleven makes it ten and taking one from nine also makes it ten. How?
- 2. A man was sound asleep in a hotel when he was woken by a knock on his door. Bleary-eyed, he stumbled to the door and when he opened it, there was a stranger outside. The stranger said "Oh sorry, I thought this was my room" and promptly walked away and headed round the corner of the corridor. Immediately, the sleepy man called hotel security to advise them to call the police and arrest the stranger. Why?
- 3. John and Steve, two friends, were discussing their grandparents. John shared some amazing stories about his brave Grandpa who fought in World War I. He said he was so brave he was given a medal engraved with "For the brave men who fought in World War I". Steve instantly knew he was lying. How?
- 4. There was an horrific plane crash, killing every single person onboard. Two people survived. How?
- 5. Your doctor gives you three pills and informs you that you must take one every 30 minutes. How long would it take you to take all three pills?

May's Evil Sudoku

3			4		5	1		
	1					4	5	
		8		2				
2							7	
					8		3	
	7	4						
						6	4	7
6			1		2			
				8				9

Anagram

Only one of the following rows is an anagram of a five-letter English word. Do you know which one it is?

L	E	G	T	N
O	L	C	R	E
T	C	O	H	E
L	U	D	I	B
M	E	U	D	Q
H	I	N	W	L
W	E	S	O	L

April Answers

Easter Word Scramble:

- 1)parade

4) daffodil

7) christian

10) tomb
- 2) celebration

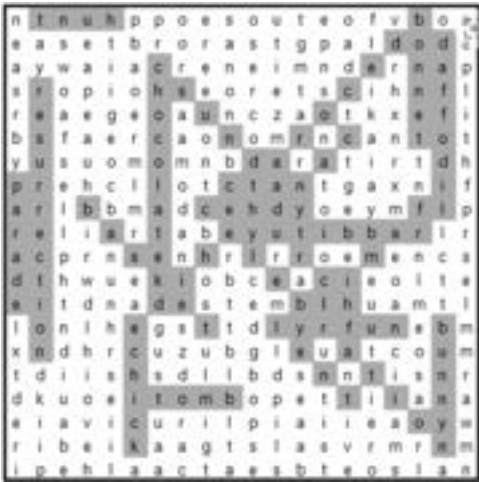
5) resurrection

8) bunny
- 3) hide

6) bonnet

9) sunday

Easter Word Search:



Easter Word Wheel:

I managed to find 91 words!

- chocolate

oothecal

ootheca

cloche

loathe

achoo

cloot

coact

haole

loach

octal

alto

clot

coca

cola

cool

echo

hole

loca

loot

oath

taco

tole

coo

hoe

lot

oho

oot

toe

lo

to
- catechol

cholate

cahoot

clothe

locate

although

cloth

cocaa

helot

loath

thole

oalo

coal

coco

cole

coot

halo

holt

loch

lota

olea

toea

tool

cot

hot

oat

ole

tao

too

oe
- collocate

cochlea

chalot

coolth

ocelot

cholo

coach-

cooch

hotel

lotah

aloe

chao

coat

coho

colt

cote

helo

hoo

loco

loth

oleo

tola

col

hao

loo

oca

ooh

tho

ho

oh

Evil Sudoku

4	9	7	3	8	6	5	1	2
5	2	8	9	1	7	6	3	4
6	1	3	4	2	5	7	9	8
2	7	6	5	3	9	4	8	1
8	3	4	2	7	1	9	5	6
1	5	9	8	6	4	3	2	7
7	6	5	1	9	2	8	4	3
9	8	1	6	4	3	2	7	5
3	4	2	7	5	8	1	6	9

Lewtrenchard WI April Report

We met on Monday April 7. Barbara welcomed 19 members, Sarah a guest from Lifton WI and our speaker Roger Knowles. We sang a lovely rendition of Jerusalem.



Barbara then handed over to Roger our local antiques and collectables expert.

Roger looked at, commented on and valued about 30 items that members brought along.

His highest valuation was £200-£300 and his favourite item was valued at £100-£200. We stopped for refreshments and presented Margaret P with a beautiful 90th birthday cake.

Roger split us into 2 groups so that we could look at the 10 items he brought along, we had to identify what, where, when & worth, the person with the most points won a prize from a selection of 4, Teresa was the lucky winner.

Roger was asked what is the best item to collect at the moment, he said anything unusual, gold and silver command good prices.

Roger then entertained us with some charity shop finds that fetched a goodly sum. Roger is very knowledgeable about all things antique and it is clear to see that he loves this subject. We were tipped off that at the VE Celebrations in Stowford Hall, the main raffle prize is a beautiful dolls house, so well worth coming along. Everyone enjoyed the evening, especially the birthday ladies.



**Date and venue for next meeting: Monday May 12 at 7.30pm,
Lewdown Victory Hall, Annual Meeting (members only)**

Dates for your diary:

12th May @ LVH Annual Meeting (members only)

15th May Thursday Coffee morning - Alder Vineyard, book your place with Mary E/Lynn

26th May Walk, contact Mary E/Lynn

Lewdown Grouped Parish Council

Coryton, Lewtrenchard, Marystowe and Thrushelton

Abbreviated minutes Minute No 785 Monday 31st March 2025
of Ordinary meetings held at Lewdown Victory Hall

These minutes are provisional until they signed by the chair at the next meeting of the parish council

1. Members of the public open forum - No members present
2. Apologies for absence - Cllr Wilkinson, Absent - Cllrs Southcott, Mott (WDBC)
3. Dispensations & declarations of interest - Cllrs Alexander & Mincher Item 6 - both did not vote.
4. Minutes of previous meeting 784 being a true reflection of that meeting was approved and signed by the chair. Proposed Cllr Yeo, seconded Cllr Metherell, motion carried
5. Cllr Mott (WDBC) provided a report that was emailed to all councillors.
6. Planning app. 0227/25/HHO - Householder application for proposed stationing of caravan as ancillary accommodation. Thrushel View, Lewdown, EX20 4QP- Council decision - support - Proposed Cllr McSmythurs, seconded Cllr Metherell, Cllr Perkins abstained motion carried
Planning app. 0779/25/HHO - Householder application for installation of en-suit window and construction of garden room with associated works. 4 Woods Field, Lewdown, EX20 4FB - Council decision - support - Proposed Cllr McSmythurs, seconded Cllr Metherell, motion carried.
7. Reports from councillors - Cllr Mincher reported on outstanding issues relating to the Schoolhayes development, councillors were then informed that W.D.B.C. are working towards resolving those issues with the developer.
8. Finance - 8.1 Authorised - outstanding payments due included: The Recreation Ground Trust (Lewdown Cricket Club) - Grant £215.00, P van Delft - clerk salary (Feb/Mar) £549.80, HMRC - PAYE £96.40, Vision ICT - Annual website hosting and Support £161.26, P van Delft - Clerk admin expenses £72.17, Proposed Cllr Alexander, seconded Cllr Yeo, motion carried.
8.2 R.F.O. reported a combined credit balance after authorized payments £20,503.01, Proposed Cllr Alexander, seconded Cllr McSmythurs, motion carried.
9. Play area - Planning application, lease update, play equipment - Cllr McSmythurs reported that the he was still waiting for feedback on the draft lease agreements between the Recreation Ground trust, the Parish council and The Baring Goud Trust. Cllr Yeo contacted the B.G.T. trustee on the urgency of the matter since the S106 money was time restricted and in need to attention. Cllr McSmythurs thanked Cllr Yeo for his intervention.
10. Highways
10.1 Maintenance of mile-stones and boundary stones update. Clerk to report to D.H. for maintenance work to be carried out. Cllr Metherell reported that no action from D.H. for repair work on the Lobhill Cross to Lew Mill has not yet been carried out. Clerk to follow up.
10.2 Highways reports. Cllr Mincher also reported that a road sign was also damaged, Cllr Mincher to report to D.H.
11. Councillor vacancies for Coryton and Marystow - Interest in the Marystow vacancy has been expressed.
12. Correspondence - Message of appreciation for grant received from Citizens Advice, Annual Payroll agreement, fee payable for the new financial year. Parishioner - Road traffic accident v Road traffic collision - advice on clarification of terminology.
13. Invitation to attend a Mabrake meeting with Geoffrey Cox MP who will be chairing the meeting. It was resolved that the clerk to enquire when the meeting will take place and the agenda items. Clerk to follow up.

Meeting closed 8.45pm.

Date, place and time of next meeting: Annual Parish & Ordinary Meetings - 28th April at Lewdown Victory Hall, 7.30pm

FAMILY FRIENDLY

**MID
SUMMER**



MUSIC MASH UP!

Special Performances

DJ ONETEE
HAZE

**THE
UP!**

**BAR —
— BBQ**

ENTRY
ADULTS £5
12-18 £2.50
11 AND UNDER FREE

20-06-25
7PM -12AM

LEWDOWN VICTORY HALL

IN AID OF LEWTRENCHARD SCHOOL FLS

SUPPORTED BY
HOLSWORTHY ALES
THE COFFEE POT
THE CLOVELLY INN

Forgotten Woodland Garden of Lewtrenchard

Bluebell Wood Open Day

Saturday 10th May 2025

Come and enjoy the bluebells.
Children's Pixie Hunt. Guided walks
and a chance to experience and find out
about the Woodland Garden

Cream teas will be available. 2.30 - 4.30pm

All welcome

See our website for up-to-date news: <http://www.forgottengarden.co.uk/>

Thank you from The Okehampton Foodbank

The below was sent by email as a result of the Lent Lunch held at Highlands, Lewdown when £205 was raised for the Foodbank.

"Thank you so very much for the donation to Okehampton Community Food Bank. Please do pass on our gratitude to all who donated. It is very much appreciated."

A big 'Thank you' to everyone who helped and supported the event in any way.

Ruth

The field

Standing in the garden, taking in the scene,
Thoughts of what is happening, the world's gone mad it seems
The folks at war, their homes and cities gone,
And those who live their lives alone
And then I think of Covid, and all that it involved
The jabs that we all had to have, to make the germs dissolve
I think of close ones, ill in bed
And wish them love and care instead.
Those at home who have no food,
Those dealing with a family feud,
One wish, that love that used to be
Just might return and be with me.
But then I looked up to the skies
And saw the world with different eyes
No cloudy gloom, the sun is shining
No more those thoughts will be declining
A world of hope, all things must pass
I hear the birds, it's spring at last
The sheep are back, their babies too
The field is smiling, knows no gloom
And sometimes, just sometimes,
The field and it's magic is all we need.

David



Stowford Parish Council



Abbreviated minutes of Ordinary meetings held on 18th March 2025

These minutes are provisional until they are signed by the chair at the next meeting of the parish council.
Meeting No 732

1. Dispensations & declarations of interest
2. Members of the public open forum - two members present, no issues raised
3. Minutes of previous meeting 731 were signed as a true and accurate record of that meeting, proposed Cllr Lorna St Louis, seconded Cllr Alexander, approved.
4. Cllr Edmonds of WDBC reported that the new Okehampton railway station was scheduled to complete work in February 2026, it is anticipated that approximately 150,000 people in North Cornwall and West Devon have potentially been reconnected to the rail network as a result of the reopening of the Okehampton to Exeter railway line. Also reported were the government's proposals for re-organising local government, there is no indication at this stage that re-organising would affect town and parish councils. The reorganisation will look at ways of how District and Unitary councils across Devon can deliver economies of scale in the future. Government is asking councils to submit their initial proposals by 21st March with final proposals by 28th November this year. The initial proposal is that West Devon Borough council may combine with South Hams, Teignbridge and Torbay to make a unitary council.
5. Table Tennis - Council initiative to help with health & fitness, also purchase of bats & balls etc.
Cllr Leroy St Louis confirmed that he had secured the purchase of a second table tennis table for £100, collection was made using a hired vehicle plus diesel, some minor repairs were required, total cost of £223. WDBC provided a grant of £150 to help towards the purchase of the T.T.T and equipment.
6. Finance - 6.1 Approval to purchase table tennis table and associated equipment, it was resolved that a budget of up to £50 is used for the equipment still needed, proposed Cllr Govett, seconded Cllr Alexander, all were in favour. 6.2 Payments for approval - P van Delft - clerk salary (Jan Feb) £344.40, HMRC - PAYE for clerk £14.60, Lewdown Residents Association - Newslink grant £200.00, Stowford St John - Graveyard maintenance grant £100.00, Portgate Methodist Circuit - Graveyard maintenance grant £100.00, P van Delft - Clerk administrative costs £122.54, Stowford Parish Hall - Hall hire £60.00, Cllr Leroy St Louis - refund assoc. to table tennis table etc £223.00. Proposed Cllr Alexander, seconded Cllr Govett, all in favour. 6.3 R.F.O. Reported a credit balance of £4055.97 after approved payments, proposed Cllr Alexander, seconded Cllr Govett, all in favour. 7.4 Banking arrangements - Options to mitigate monthly fees - The RFO provided information relating to credit balances over the past 4 years, also the various interest rates that are available to the council should it open a deposit account. If a deposit account was opened with a reserve of £3,300 then the new current account charges could be mitigated by up to 50% should the council choose to use the existing bank providers. The alternative option by using the Hinkley Building Society was thought not to be so beneficial despite higher rate of interest. Cllr Govett informed that an alternative deposit account was available providing 6.25% interest. 6.5 Approval to purchase reply/letter box. It was resolved that after obtaining permission from the Parish Hall committee to install a letter box that a budget of up to £50 can be used to purchase one. Proposed Cllr Alexander, seconded Cllr Lorna St Louis, all in favour.
7. Parish Councillors vacancies - two parishioners expressed an interest in joining the council.
8. Parish Questionnaire - The chair provided a second draft questionnaire, much discussion took place on the format with additional comments from two attending parishioners. It was thought that the Parish Hall Committee may also wish to contribute therefor making it more of a "Stowford Parish Community" questionnaire. The clerk informed that there are approximately 125 households in the parish but would provide more accurate details later. The chair to review the questionnaire including the new suggestions he will also communicate with the Parish Hall Committee to possibly broaden the questionnaire further.
9. Highways - Road sign damage/repair. Cllrs Law and Leroy St Louis reported to D.H. and W.D.B.C
10. Correspondence - Caroline Harris provided her costs for the Payroll services for the year 2025-26.
11. Dog fouling, nuisance dog(s), dog(s) off leads - Mobile Liaison Officer report and update. Cllr Edmonds reported that as far as the M.L.O. is concerned the issue has been resolved, and that The dog(s) now appear to be on leads. The nearby dog kennels have also reviewed how they clean up after their dog walks and also appear to be compliant. The chair thanked Cllr Edmonds for looking into the matter and for providing his support into this serious problem. The chair also wished to thank the M.L.O. for the work that had been done to resolve the matter. It was resolved that the M.L.O. should continue with periodic checks to ensure compliance is maintained.
12. Reports from Councillors. No issues raised.

Date time & place of next meeting: Annual Parish & Ordinary - 8th April 2025 - 7.30pm at Stowford Parish Hall

The North Tamar Mission Community



St. Mary the Virgin,
Kelly with Bradstone

St. Mary the Virgin,
Lifton

St. Nicolas,
Broadwoodwidge

St. John the Baptist,
Stowford

St. George,
Thrushelton

St. Peter,
Lewtrenchard

Ministers

Lifton, Broadwoodwidge, Stowford, Lewtrenchard, Thrushelton & Kelly with Bradstone United Benefice

The Revd. Philip Conway, 01566 784462 liftonpriest@yahoo.com
The Rectory, Parsonage Court, Lifton PL16 0BJ

Milton Abbot Benefice

The Revd. Andy Atkins, 01822 870298 andya4jc@gmail.com
The Vicarage, The Parade, Milton Abbot PL19 0NZ

Churchwardens

Lifton - St Mary's

Mrs E Brown 01566 784386 Sarah Chandler

Broadwood - St Nicholas

Mr D Perkin 01566 776758

Stowford - St John the Baptist

Mr C Chick 01566 783223

Lewtrenchard - St Peters

Mrs A Westlake 01566 783909 Mrs R. Dawe 01566 788838

Thrushelton - St George

Mr A J Nash 01566 783274 Mr T Nash 01566 783320

Kelly with Bradstone - St Mary's

Mr W Kelly 01822 870393

Marystowe - St Mary the Virgin

Amy Harrowell 01822 860181 Joy McSmythurs 01822 860630

Coryton - St Andrews

Mr G. Vicat 01822 820254 Mrs J Whitfield 07989 666427

From the Parish Priest

Philip has informed us that due to unforeseen circumstances he has been unable to write a cheery letter this month!

Service times for May 2025

Any updates will be posted on the Mission Community Website <https://north-tamar-churches.org>

6pm on the eve Saturday 3rd May Vigil Office at Kelly
4th May Easter 3

11am Mission Community Eucharist at Lifton
We are Grateful to The Revd. Judith Blowey for presiding at this Service.

6pm on the eve Saturday 10th May Vigil Office at Kelly
11th May Easter 4

9.30am Parish Eucharist at Broadwoodwidge
Morning Prayer at Thrushelton

11.15am Parish Eucharist at Lewtrenchard
We are Grateful to The Revd. Roger Carlton for presiding at the Eucharists today.

In the Afternoon: VE Day Commemoration with
The Bishop of Plymouth at the Fox and Grapes.

6pm on the eve Saturday 17th May Vigil Office at Kelly
18th May Easter 5

9.30am Parish Eucharist at Lifton

11.15am GIFT service at Stowford
A service for the very young and those who care for them.

25th May Easter 6

9.30am Parish Eucharist at Thrushelton
Morning Prayer at Broadwoodwidge

11.15am Parish Eucharist at Lewtrenchard

Wednesday Morning Eucharist: 10.30 at Lifton

The Wednesday Service on the 7th & 14th will be the office of Morning Prayer.

We continue to need another 14 households/
businesses to sign-up to the Lewdown
Exchange Project before we reach the target
set by Openreach to commit to providing our
community with High Speed Gigabit Internet
access.

This is funded by UK Government.

To sign-up visit: [www.openreach.com/
connect-my-community](http://www.openreach.com/connect-my-community)

If you need help let the editor know.

Bridestowe Methodist Church

Preachers for May 2025

4th	Drop in the Ark	10:30 - 12:30
11th	D Sutcliffe	11:00
18th	B Down US	11:00
25th	Rev C Jackson S	11:00

St. Mary the Virgin, Marystowe

Please see the church website www.southtamar.church
for details about services.

Services are also available online from 6pm on Sundays.

Quakers

Meeting for Worship:

Tavistock

Every Sunday 10.00am.

4 Canal Road

Tavistock

Contact: Kay Nicholson
01822 614596

Okehampton

Second Sunday 10.30am.

Fourth Sunday 10.30am

Second Sunday Children's Meeting

Ockment Centre

North Street

Okehampton

Contact: 01837 55805

Roman Catholic Services

Tavistock

Sunday 9.15am

Holy Days 10am

Fr. Greatbatch 01822 612645

(P. Sparling 01822 860355)

Okehampton

Sunday 11.15am

Sunday 5.30pm

Chagford - Saturday 5.30pm

Fr. A. K. Gundabathina 01837 52229

anil.gundabathina@pcdtr.org.uk

Launceston

Sunday 10.30am

Holy Days 7.30pm

Canon John Deeny 01566 773166

CBL STOVES

The Showroom, Unit 5
Red Post, Bude, Cornwall
EX23 9NW

01288 381852
carl@cblstoves.co.uk
www.cblstoves.co.uk



- Stainless Steel twinwall flues
- Chimney Lining
- Iskoern Pumice lining
- Fireplace alterations
- Stove Installations
- Wood, Multifuel, Gas & Electric Traditional & Contemporary Stoves & Fires
- Chimney Rebuilds
- Slate, Granite & Glass Hearths
- Wood & Ceramic beams & surrounds
- Floating Shelves



Milton Abbot Grouped Parish Council

Please see our website for lots of information about Milton Abbot, Chillaton, Bradstone, Dunterton and the surrounding areas, along with a list of the local Parish Councillors

www.magpc.co.uk

Stowford
Parish Hall 

For bookings and enquiries contact Julie Chick Tel: 01566 783223

Email: stowfordparishhall@gmail.com

A Defibrillator is located in the porch - Postcode EX20 4BZ

Charity No: 1020031



Gardeners



Enjoy the Winners Circle
For that champion veg
Collect your own FREE
Proper Well Rotted Horse manure

01566 783 515

lydvalefellponies@gmail.com

Free Bags Available!
Trailers welcome!



The Clovelly Inn Bratton Clovelly



Torben, Suzy, Alex & Thomas
look forward to seeing you
01837 871447

Apples Juicing

Have you got too many apples?
We can crush them, press, bottle
& sterilise for Juice

Contact - George Bellamy
Woolacott Farm, Lewdown
01566 783266

TOP SOIL

TOP QUALITY TOP SOIL FOR SALE

SEA SAND ROAD PLANINGS
VARIOUS DECORATIVE GRAVEL CHIPPINGS & BUILDING AGGREGATES
No VAT

01566 784645 OR 07771 823414

Tim Dixon

**Domestic Plumbing &
Bathroom Fitting**

01566 784028

07903535881

careful & reliable service

timdixonplumbing.co.uk

Megan's Home Cleaning!

**10+ years in the
Business**

**Earth Friendly
Cleaning solutions
Weekly & bi-weekly
Slots available**

Tel: 07955 805 271

MARK CHIVERS - SOLE TRADER

Highly skilled carpenter with over 40 years
experience, including but not limited to:

INTERIOR

**KITCHEN • BATHROOMS • BEDROOMS
FLOORING • DOORS • WALLS**

EXTERIOR

**FASCIA & SOFFIT • GUTTERING & DOWNPIPE
WINDOWS (including sash repairs) • FENCING**

FREE ESTIMATES - UNDER NO OBLIGATION

The best price and best service for your budget
Please Do Not Hesitate To Contact Me With Any Enquiries:



CARPENTRY & JOINERY

**Mobile: 07804 104812
(8am-7pm)**

**Home: 01566 783743
(9am-5pm)**

**Email any time:
m.c.carpentry@outlook.com**

COLOUR PRINTING & COPYING

This service is available for a minimum of 10 copies at a charge of 5p/single or 7p/double sided copy.

For sale Copier Paper £4.75/ream

The Community NewsLink purchases its paper in bulk and as such is able to access competitively priced materials. We can currently offer our readers copier paper for the special price of £4.75 per ream, a vast saving on High Street prices. We recommend you phone to check availability and arrange a convenient time to collect.

Contact Terry Southcott
Fairview Bungalow, Lewdown
01566 783079 or 07831309666

All proceeds go to:
Lewdown Residents Association
who produce Community NewsLink

ROGER WONNACOTT

GROUND & GARDEN MAINTENANCE

- ▲ GENERAL GARDEN MAINTENANCE
- ▲ SERVICES RENEWED & REPLACED
- ▲ LEAK REPAIRS & TROUBLESHOOTING
- ▲ MOLE / GRUNDOMAT WORK UNDER TAKEN
- ▲ MOLE & COMPRESSOR AVAILABLE



- ▲ COMPLETE JOB PRICING OR HOURLY RATES
- ▲ FULLY INSURED & BASED NEAR LAUNCESTON

07919 912776

rwonnacott@hotmail.com



supplier of
HARDWOOD LOGS
cut and split to your
requirements
Tel. Colin Bennett:
01822 487259
Mobile:
07523172369

Lewdown Victory Hall

Bookings contact
Roy Stacey
on 01566 783267



Broadbury Landcare

All aspects of Garden Maintenance
and Landscaping
Fully Qualified Fully Insured Free Estimates
18 Years Experience
Andrew Barton 07532 216216

Raw Meat Animal Feed For Dogs & Cats

Convenient blocks *Frozen to preserve*

Natural, just meat or meat and bone

No Preservatives, No Artificial Colouring's
(both can be harmful to your animal)

Raw Rations Plus



For information or to order

website: www.rawrationsplus.co.uk
Phone: **07831309666** or **01566783079**
Email: sales@rawrationsplus.co.uk
Post: Fairview Bungalow, Lewdown,
Okehampton, Devon EX20 4DL



A C WORTH BUILDERS



GENERAL BUILDERS, DECORATORS,
PLUMBING & HEATING,
PURPOSE MADE JOINERY etc.

Kirtonia, Vale Down, Lydford DEVON EX20 4BB

Email: acworthbuilders@aol.com



Tel: 01566 783282
Keith: 07778 471648
Andy: 07867 524515



call Matt on 01822860651
e:info@redsquirreltreecare.co.uk



Your Wedding



All Proceeds to the Gurkha Welfare Trust

Or visit our website www.templumbing.org.uk
to see what we can do for you



BLUE LION
INN



Blue Lion Inn, Lewdown

Charlie, Nicky, Charlotte, Georgia, Jonty & Alfie
Welcome you to our Family Friendly Pub

01566 783238

BLUE LION
INN



*Public House offering good food, real ales,
live music, pool, skittles, darts and BT Sports*

*For upcoming live music & quizzes etc. follow us on Facebook
Search for 'blue lion inn'*



Mobile Foot Care

Sally Isaac S.A.C. Dip. FHPT/FHPP



*Gentle and professional
foot care
in your own home*

If you suffer discomfort from

- corns
- cracked heels
- callus
- ingrown toenails
- thickened/tough nails

*or just have difficulty cutting
your toenails then
please ring me*

I'll come to you!

Telephone Sally
07961 076 168

WELCOME TO
LOBHILL FARMHOUSE
BED AND BREAKFAST
and HOLIDAY COTTAGE



Lobhill Farmhouse, Lewdown
EX20 4DT

Tel: 01566 783542
07817 244687

Jane Colwill

www.lobhillbedandbreakfast.co.uk



☎ 07836 760060

✉ BrowningsCarpentry@gmail.com

**All Aspects of Bespoke
Carpentry & Joinery**

📘 Browning's Carpentry & Joinery

Chair Yoga for Seniors

with Yogajeanie

**Chair yoga helps with
Muscle toning
Reduced stress levels
better breathing habits
better sleep
overall sense of well-being
*It's fun too!***

**Interested?
Just come along in comfy clothing**

**At Lewdown Village Hall
Thursday's
from 10:00 am -11:00 am
£7 per class**

For more information contact
jeanharris50@hotmail.com
Mobile 07929 278788



R Mears & Sons **Chimney Sweeps & Stove Installation**

Established over 30 years

Vac Brush. Full CCTV investigations.

Pots, Cowlings & Bird Protection fitted. Chimneys Lined.

Solid Fuel Appliances, Rayburns, Woodburners,

Stoves, etc serviced. Fully Insured.

Tel: 01840 261221 Tavistock: 01822 664554

Mob: 07737 533392

www.sweepdevon.com



GRAHAM TOWNSEND GROUNDWORKS

WATER DRAINAGE & GROUNDWORK SPECIALISTS

**WATER LEAKS & RENEWALS
SEPTIC TANKS INSTALLED**

**DRAINS CLEARED
TREATMENT PLANT
ALL FENCING WORK
DEMOLITION**

**GROUNDWORKS
DRAINS REPLACED
MOLING (No Dig)
PATIOS DRIVES**

FREE ESTIMATES

TEL: 01837 657687 / 01566 783788

MOBILE: 07866 465093

email: info@gtownsendgroundworks.com

**Roger's
Painting & Decorating
Services**

**Interior & Exterior Work
Traditional & Modern Techniques
City & Guilds Qualified
30 years Experience**



Mobile: 07783 819171

Septic Tanks Emptied

Phone: 01805 601203

Mobile: 07831 241531

**Leave a message, we will re-
turn your call, or email:**

hearnhaulageltd@outlook.com

**Small Lorry
Available**

Card payment accepted

Hearn Haulage Ltd



Upholstery Service



**A New Life for your
Favourite Furniture**

Collection & Delivery Available



Call: Linda 07484 093494 or **Email:** sales@fabricandfurniture.co.uk

 @fabricandfurniture  fabricandfurniture

www.fabricandfurniture.co.uk

K. Moore & Son. PLANT HIRE

**Specialising in all sitework,
drives, sand schools, septic tanks
hedging and all types of farmwork.**

Royal Oak, Newton Down, Lifton

Tel:- 01566 784722

07785 540494



07734 956925

8- Seater Vehicle Available

Anytime - Anyplace - Anywhere

AIRPORT • TRAIN STATION
SHOPPING • DOCTOR

Prompt Reliable Honest
FAMILY RUN COMPANY
24/7 365 days

A.J.NASH BUILDERS LTD

Andy Nash

General Builder & Decorator



07769728425

01566783274

sarahnash@btinternet.com

LOGS



SEASONED
HARD WOOD,
SPLIT TO YOUR
REQUIREMENTS.

DELIVERED
LOCALLY

07942 073204

the2relics@gmail.com

PLUMBER

EST 40 Years

**Lewdown
& District**

Tel: 01566 783562

Mobile: 07731878510

TINHAY

BUILDING SUPPLIES LTD

Supplying quality building materials to the trade and DIY

**We're bigger
than you think**

Lifton

Tinhay Mill Industrial Estate, Tinhay, Lifton, Devon PL16 0AH

Telephone: **01566 784385**

Email: lifton@tinhaybuildingsupplies.co.uk

Launceston

Newport Industrial Estate, Launceston, Cornwall PL15 8EX

Telephone: **01566 771989**

Email: launceston@tinhaybuildingsupplies.co.uk

Tavistock

Pixon Lane, Tavistock, Devon PL19 8DH

Telephone: **01822 619509**

Email: tavistock@tinhaybuildingsupplies.co.uk

FREE LOCAL DELIVERY  

www.tinhaybuildingsupplies.co.uk



**QUALITY OIL FIRED APPLIANCE
MAINTENANCE AT
COMPETITIVE PRICES**

CALL MARK

 **0781 4976 076 OR 01566 784298**

MARKSTONE GRANITE

We don't just sell granite.....

- * Slate: Flooring, Worktops, Sills, Hearths, Tables & Benches.
- * Oak Beams, Sleepers, Barrels & Boards (perfect for shelves)
- * Natural Stone Paving & Cobbles.
 - * Porcelain Paving & Flooring.
 - * Reclaimed Bricks
- * Granite Quoins, Cobbles, Lintels, Steps, Plinths, Posts & Troughs



Tel. 01566 784289 Lifton Devon.

www.markstonegranite.co.uk



TAVISTOCK STOVES

& FIREPLACES

**Woodburning, Multifuel,
Electric & Gas Stoves.**



In our Showroom:

- Live working displays
- Maintenance products – rope, bricks, glass, cement, paint etc
- Fireplace accessories



Our Services Include:

- Free site survey.
- Full installation service.
- Repair & maintenance.



4 Vigo Bridge Road, Tavistock. PL19 0EY

Tel. 01822 487700 sales@tavistoves.co.uk

www.tavistoves.co.uk

S H Joinery

Granite and Quartz worktop cutting and fitting
Cut roofs
Traditional A frames
Kitchen fitting
External bi fold doors
Joinery



Steve Hunt
07974 799062
shjoinery@hotmail.com



Caroline Harris MIAB
Owner & Bookkeeper

Tel: 01566 783 502
Mob: 07866 953 708
cmhbookkeeping@btinternet.com
www.cmhbookkeeping.co.uk

- + Bookkeeping
- + Self Assessments
- + Accounts Preparation
- + VAT Returns

Charges to pay

£ s. d.

RECEIVED



POST OFFICE TELEGRAM

Prefix. Time handed in. Office of Origin and Service Instructions. Words.

 m **82**

No.



From 80TH VE DAY CELEBRATIONS. Mon. 5th May To

STOWFORD PARISH VILLAGE HALL. INVITES YOU
TO CELEBRATE. THE 80TH ANNIVERSARY OF VE DAY.

WITH "BRING AND SHARE" AFTERNOON TEA. FROM 3 TO 6 PM.

RAFFLE (DONATIONS GRATEFULLY ACCEPTED), 1940'S PLAYLIST,
FAIRGROUND GAMES AND 1940'S FANCY DRESS COMPETITION.

BYO ALCOHOL. DONATIONS TOWARDS COST,
EXCESS WILL GO TOWARDS VILLAGE CHARITY

For free repetition of doubtful words telephone "TELEGRAMS ENQUIRY" or call, with this form
at office delivery. Other enquiries should be accompanied by this form and, if possible, the envelope

E or C