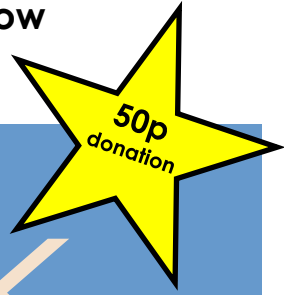


**The Area Magazine for Lewdown, Stowford, Thrushelton,
Lewtrenchard, Chillaton, Coryton & Marystow**

March 2025

community newslink

for all that's going on in your area...



Published by the Lewdown Residents Association

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Chillaton Football Club 01822 860476
Lamerton Pony Club 01822 860350
Lewdown Past 01566 783396
Lewdown Residents Assoc. 01566 783320
Lewtrenchard WI 01566 783765
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Revd Philip Conway 01566 784462
liftontpriest@yahoo.com
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01566 784111
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Young Farmers 07443 461344

Advice Helplines

Citizen's Advice Bureau 08444 111444
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Age Concern 01752 665424
Health Information Line 0800 665544
Homelessness Trust 01822 615259
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Samaritans 08457 909090
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Transport to Health 01822 617525
Victim Support 01822 820455
Youthwise Okehampton 01837 54004

Shop & Post Office

Copper's PO & Stores 01566 783218
Lifton PO & Stores 01566 784211

Front Cover Picture

Description

*Snowdrops at St. Anthony's in late
February - no sun!*

Photo: The Editor

newslink archive

www.rawrationsplus.co.uk/lraarchive.html

For us to be able to print and distribute the community newslink it costs approximately £500 a month.

Please make an annual donation of £5+ for yours to:

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Thank you for your support

community newslink

Produced by Lewdown Residents Association

A magazine providing news, information & items of interest for the areas of Lewdown, Stowford, Thrushelton, Lewtrenchard, Chillaton, Coryton & Marystowe

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All news, photographs, reports, events, etcetera for NewsLink need to be sent to the Editor by the 15th of the preceding month.

We welcome your articles / items / advertisements. Though we do our best, we cannot guarantee to publish all that is sent to us.

B&W advertising in newslink is free for Charity events in our local areas.

Adverts for events outside of the area and for businesses are priced as follows:

	Black & White	Colour
1/4 page	£4/month or £40/year	£6/month or £60/year
1/2 page	£8/month or £80/year	£12/month or £120/year
Whole page	£12/month or £120/year	£16/month or £160/year

Please note that advertising prices are subject to VAT at 20%

Good evening dear readers...

Shock news everyone. I am writing this the day before Valentine's Day, and I have got my wife some flowers. Ok it was last weekend when I picked them up, but it's the thought that counts, and thoughts of any kind in my head are a very strange experience indeed.

In the last couple of weeks, myself and the present Mrs Nash have been out a lot, and sometimes we have been together. We went to the Eden project for the first time in over a decade. The bio domes have definitely filled out since we were last there, and it was definitely warmer inside than outside on that particular day. A very interesting experience, and the sight of people descending on the zip wire over the top of the domes was amazing, and something on another day I fancy having a go at.

On the Tuesday after, we went to the cinema in Okehampton and saw Les Miserables streamed on to the large screen there. Michael Ball and Alfie Boe were the main stars, and we were amazed by the whole experience. The sound was truly wonderful, and being that close to the action was so inspiring it made the hairs on the palms of your hands stand on end. The only down side was that we could not sleep when we got home, of all the stunning tunes that were still going on in side our little heads.

Will close now as I have to read the instructions before I attempt to install a replacement shower. Yes ladies you did read correctly, I do read instructions, well some anyway, fortunately there are also some large pictures as well.

Best wishes to you all from Tim Nash still the author of this load of old tosh.

PS. My friend has just started writing a book about glue. He's already hit a problem, he's stuck on page one. Although from what I've read, I just can't put it down!.

A friend went into a book shop and asked for a book about tortoises. The assistant asked," hard back", yes he said , and they also have little heads.

Did you hear about the long serving soldier who survived a mustard gas and pepper spray attack. He's a seasoned veteran.

Lewdown Victory Hall Tuesday April 8th Eyes Down 8pm



Soupa Troopers

All welcome to this community event



Wednesday March 12th

From 12.30pm in Lewdown Victory Hall

Soup and a Bread Roll, Tea or Coffee - £4

Followed by conversation & games



From the Editor

Thanks to both Stowford and Lewdown Parish councils for their kind grants towards the running costs of newslink - we are extremely grateful.

May I remind everyone that annual donations are due.

I am looking for magazine articles, perhaps art, sport, science or travel based. If you are interested and can help please get in touch: newslink@hedger.biz



The Ark

AT BRIDESTOWE METHODIST CHURCH

Is open for teas and coffee and a chat on
Tuesdays From 10am to 12noon & 2.00pm to 4.00pm
Thursdays From 10.00am to 12noon

Do come and join us, you will be made most welcome.
You will find us on Launceston Road, Bridestowe.



Lewdown

Located in the roadside porch of the Blue Lion, EX20 4DL.
Please note it is not recognised by 999 calls if more than 200 metres away from it. When ringing 999 they will access code to open box.

Chillaton

Located in the Village Square on the wall of No. 1 Barn Cottages, PL16 0HS. The 999 operator will be able to give directions for its use.



This the fifth in the serialisation of Stowford's School Punishment Book. June 21st must have been a lovely sunny day, a day to go out climbing trees! Esther pointed out that the girls are mostly good children, maybe not all of them though! Peter van Delft.

Date	Name of Child	Age	Offence	Amount of Punishment
1939 Jan 19 th	David Goater Eric Frise	11 11	Repeated giggling Repeated giggling	three strokes on each hand two strokes on each hand
1939 Marc h 17 th	Roger Wickett	6	Swearing (this is the 4 th time and has been previously warned)	Two strokes (light) on each hand
1939 June 14 th	William Bruce	10	Swearing and behaving rudely	Four strokes on each hand
1939 June 21 st	Sidney Philip Gordon Frise Eric Frise William Woodridge Walter Kennedy David Goater William Bruce	13 14 11 11 11 11 10	All late for afternoon school, out climbing trees	Two strokes each, on each hand
1939 Oct 19 th	Eric Frise	12	Repeated disobedience, once refusing to read when told	Six strokes on each hand
1939 Nov 1 st	William Wickett William Woodridge Eric Frise	9 12 12	Late for afternoon school	Two strokes on each hand
1939 Nov 8 th	Eva Brown	11	Repeated laziness, careless work. Repeated carelessness	One stroke on each hand Two strokes on each hand
1939 Nov 8 th	Robert Bruce	9	Treatment of text book	Two strokes on each hand

Reflections of a Steam Fireman

On the 14th June 1965 British Railway introduce the 24 hour clock, on the first day confusion especially the afternoon shift I turn up for 3pm spare to find I was on at 1300hrs no drama just a



small lecture from the running foreman ,the timekeeper put the old times next to the 24hour one and peace prevailed in the loco, just to confuse a bit more the three shift system was abolish and a two shift system introduced early turn was from 0001 to 1159 late turn was 1201 to 2359 and a steam driver could only be moved two hours either side of allotted time ,not so lucky for junior fireman who could start on Monday 0001 and end up on Saturday 1159 if they were short in the London area for fireman working coaches from Clapham to Waterloo with a small tank

Engine, I did not mind but when you tell the girlfriend we were able to go to Barn Dance on Saturday in East Meon because you were Early turn and then to say you were not able to go because you were working not so good!

At about this time, I was walking to the running shed to prepare a U class 2-6-0 and there was a gentleman with an easel painting and introduce himself as David Sheppard, I thought he painted Elephants, but he was passionate about Steam engines, he said Jumbos had made him a lot of money.

The Shed master wanted to clean up the loco he was painting, but he said I would like capture it as it is, the drivers on our shift took to him taking him out with us, on our engine, he would capture the moment and then go back to his studio in Godalming and finish the canvas off.

Then on a dry day he would set up his easel with the new painting by the Shed Masters Office for the loco staff to look at, he seem to prefer our shift and invited us to his house for Sunday tea and chat, i unfortunately could not go as I was in London on a tank engine, yes Clapham to Waterloo empty carriage stock, the drivers and fireman said they had a great time especially as his wife and ladies friend served tea.

When the LMR did not work out in Longmoor, his two engine were moved to Eastleigh and then moved to Cranbrook, which he and friends purchased the East Somerset line in Cranbrook Somerset.

Driver Boxhall organised in 1984 a special from our depot in Woking to Cranbrook pulled by two Cromptons 1550hp and Pat and I were invited to join them and David walk through the coaches talking to us, when we arrive at Cranbrook we walked to villager hall and David gave a lecture on his life and his preserved railway we then were taken along his preserved railway pulled by the green Knight a 4mt 4-6-0 standard Steam Engine

After that he sat in the Signal box with paintings for sale signing and we purchased one of a school class 4-4-0, we were fed and watered and it was a grand day out.



Tom



An Daras Trust
giving children a better education

Low Trenchard C of E Primary School



Monday to Friday

8.45am to 3.15pm

2-5 year olds

Led by Lisa Broadbridge

Early Years Teacher

Please phone for availability

Early Years Foundation Unit with plenty
 of safe outdoor space.

We accept 2gether funding for 2 year
 olds and Early Years Education Funding
 for 3 year olds.

Respect

Kindness

Responsibility

FLS

Friends of Low Trenchard C of E Primary School

We have an amazing team that
 fundraise to enhance our children's
 learning journey. Please see our FLS
 Facebook page, school website and
 local adverts to support our fantastic
 school.

Bingo ~ Bake sale ~ summer/winter fair ~ raffles ~
 jumble sale ~ sponsored activities and much more!

Wrap around care

Available for 3-11 year olds

£2 per hour (1/2 hour bookings available)

8am to 8.40 am breakfast club £2 per session

3.15pm to 5.15pm (4.15pm Fridays) after school care including snacks.

For more information, contact the school office on
 01566 783273

www.lewtrenchard.devon.sch.uk

Email lewtrenchard@andaras.org





Friday 14th March 7pm for 7:30pm



WINE AND WISDOM QUIZ NIGHT



£7 per person

(nibbles and a bottle of wine included for each team)

Bar and Raffle



To help raise money towards Devon
Young Farmers travel scholarships.

Bratton Clovelly Village Hall , Okehampton ,EX20 4JT
contact lily to book teams (up to six people) on 07495 708029



Thursday 13th March 7.30pm and then Thursday 10th April 7.30pm

Bring your own drinks, we provide the nibbles.

(All profits go to charity)



Come and meet your neighbours for a coffee, cake and catch up!

£3 per person (cash only) which includes a hot drink and homemade cake.

**All profits are donated to a charity chosen by villagers.
If you need help with transport, please contact Tracy on 07973 327161**



Satsumas Baked with Honey and Brandy:

A really simple recipe for a sweet treat

Ingredients:

8 Satsumas
2tbsp Honey
2tbsp Brandy
50 gms Flaked Almonds

Method:

1. Peel and cut in half through centre of Satsumas.
2. Place Satsumas cut side up in baking tin.
3. Drizzle over honey and brandy.
4. Bake in oven at 180 for 25 mins until just turning brown.
5. Toast almonds in a dry frying pan until just turning brown. Sprinkle over Satsumas before serving.
6. Eat warm with cream or ice cream.

By Jean



Book of the Month for March 2025

No one saw a thing by Andrea Mara

No one saw it happen. Your two little girls jump on the train ahead of you. As you try to join them, the doors slide shut and the train moves away, leaving you behind. Everyone is lying. It's only when you reach the next stop that you truly begin to panic. Because there aren't two children waiting for you on the platform. There's only one.

Someone is to blame.

Has your other daughter got lost? Been taken by a passing stranger? Or perhaps the culprit is closer to home than you think?

Publisher: Transworld Publishers Ltd
ISBN: 9781804990780

MEDIA REVIEWS

'Andrea Mara has a gift for turning 'what if' into 'uh-oh' - No One Saw a Thing is a fantastic example of her compelling plotting. I was hooked by the end of chapter one.' - Jane Casey

'The pace never flags, the tension racks up and the pages turn themselves. Probably the most suspenseful book I will read all year.' - Liz Nugent



Cocktail of the Month 'Berry Fizz'

Perfect for Mother's Day

Fruity and fresh, Berry Fizz cocktail is simple to make but big on flavour!

YOU WILL NEED:

- 250ml Raspberry Lemonade
- 35ml Pink Gin
- 20ml Lime Juice
- 6 Raspberries

METHOD:

Muddle (lightly mash) 4

Raspberries gently at the bottom of a Rocks (short tumbler) glass.

Add your Pink Gin and Lime Juice to a cocktail shaker.

Shake with ice, strain into the glass, then top with the Raspberry Lemonade. Swizzle, and garnish with the remaining Raspberries and a twist of Lime.





It's been another busy few weeks for the club and members. In January we headed to Taw Valley cheese factory at North Tawton for a tour. It was a very interesting tour seeing how the cheese is made from the milk that's brought in, to the finished product, and we also got to taste several varieties they make!

At the start of February we had



our group round of pantomime, cheerleading and member of the year.

Unfortunately we didn't have a pantomime but the 3 performances from Bradworthy, Buckland Brewer & Clawton were all brilliant and a testament to what yfc is all about. However we did have a

cheerleading team joint with Clawton (comprised from lewdown of Charlie Crocker, Tom Martin, Phoebe Ogborne & Evie Pitt's) who won and are through to the county



round! Fergal Fitzsimmons also entered Junior member of the year and won the competition who will also be competing at the county round. Well done all!

Members headed to the driving range at Trethorne for a fun meeting which was an enjoyable evening.

Club chairman Becky has been selected for a place on the Devon yfc senior travel programme and is holding a fundraiser in the form of a wine and wisdom quiz on Friday 14th March at Bratton Clovelly Hall (see poster for more details) , it would be great to see lots of support and teams there!



Another date for the diary is our annual charity Easter Bingo which is being held on Monday 14th April Lewdown Hall doors open 7.30 eyes down 8pm, lots of prizes to be won!

From the Mountains of Japan

No.9 - Setsubun: Out with devil, in with happiness

February 2nd this year was Setsubun, the Spring Equinox, in Japan, the first day of spring on the old Japanese calendar, and a day which is a known for its yearly tradition of throwing beans out of windows while a devil stalks around the outside of the house.

As usual, the devil was me, dressed in a paper mask sold in the local 7Eleven, while my wife and daughter tossed bags of soy beans (easier to clean up than individual beans) out of each window while I stumbled around in the dark, trying to avoid any devilish behaviour such as tripping over flowerbeds or hobbling myself on any low-lying walls.

After the bean throwing was done, we all went inside to eat “eho-maki”, a long roll of sushi that usually contains cucumber, spiced beef, egg, ginger, and rice, and is wrapped in a large piece of seaweed. There is a lucky direction in which we must face—this year west southwest—and in order for it to bring good luck, the whole thing must be consumed in silence, something that proved difficult when the cat decided to have a go at the spare roll left on the table.

Earlier in the day, we had attended our local temple for a special Setsubun celebration, where we had to wait in the cold for three hours until a group of local councillors and some minor celebrities (including Tetsuya from Exile, Japan’s version of Take That) walked around the temple balcony and pelted us with bags of peanuts and soybeans.

While fun, it did get a little raucous when some of the more famous celebrities started tossing their wares, with one deflected bag of peanuts catching my wife a savage blow to the eye. Luckily no harm was done. With my daughter patrolling the walking space in front of the barrier, we retreated with an impressive haul. Sadly, none of the bags we caught contained a Willy Wonka-style lucky ticket, but at least we returned home with enough peanuts and soy beans to clean out the house of devils, without the need to buy any more.



Plus, there were plenty left to eat when we were done.

Chris Ward

Lewtrenchard WI



Coffee, Cake & Shopping Event

Saturday March 8th 10:00 to 12:00

Lewdown Victory Hall

Entrance £5 (£3 children) includes a coffee/tea and slice of cake

Meet up, have a chat, browse our stalls:

*** Clothes * Books * Cakes * Toys * Crafts ***

We look forward to seeing you

theWI
INSPIRING WOMEN

In aid of Lewtrenchard WI funds



With the new season rapidly approaching we have organised Winter Nets at Launceston College for current and new players (AGE 13+). This is a great chance to get your body moving without braving the cold and stormy weather :

2025 WINTER NETS

Thursday 20th February (20.00-21.00)

Thursday 27th February (20.00-21.00)

Thursday 6th March (20.00-21.00)

Thursday 13th March (20.00-21.00)

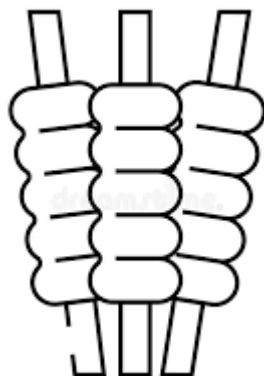
Thursday 20th March (20.00-21.00)

Thursday 27th March (20.00-21.00)

There will be a small charge to cover the cost of the hall hire. For further details about the net sessions please call or message Keith Maynard 07368 654932

GET SET WEEKEND - 5th & 6th April

The Get-Set Weekend has for many seasons been the pre-season focal point for clubs up and down the country to get set for the cricket season. There are many jobs that need to be done and we will give more information in the next Link and via our club social media pages. We will need some tradespersons to help and supervise so if you can contribute please let us know. Bacon Rolls and hot drinks will be provided!



SPONSORSHIP OPPORTUNITIES - MATCH BALL SPONSORSHIP

Like all community clubs we rely heavily on the generosity of local people and businesses. We passionately believe that sport can be a power for good in our community. One relatively low-cost way of supporting us is through match ball sponsorship. Every Saturday we have to use a brand new ball for each innings and at £15 per match this is a great way to support our club. Your name or business will be displayed on A-board at the game and on social media over that weekend. Make contact on the number below if you interested.

Club Contact:

Geraint Williams 07850 786310

Junior Cricket Coordinator:

Mike Maynard 07974 756136



Cook Islands 2025 World Day of Prayer

The message that we, as women and girls, are “fearfully and wonderfully” made in the image of God reinforces our movement's support of women in expressing their faith and speaking about their lives in prayer and worship before God and in community.

Friday March 7, 2025

Everyone Welcome

2.30pm

Thrushelton Church

From the COOK ISLANDS

(practice February 28th 2.30pm)

Farming Report

Spring is finally in the air with some sunny but chilly days whilst the mornings and nights are starting to pull out- what a difference it makes.

On the farm we have started calving with a set of twins (one boy & one girl) from a first time mum. This is our first ever set of twins and wasn't quite expecting it as when she calved in the evening was just one calf and then in the morning there was another!



Nevertheless she's doing a brilliant job rearing them both. It's not always plain sailing though as on one Saturday evening we had a cow calving but not making much progress, after much



deliberation we called the vet out after our suspicions were right the calf was backwards. The vet worked him out carefully and he was a healthy bull calf.



We have been busy picking out

fat lambs (born last year) which will head to our nearest abattoir at Dunbia (formerly Jaspers) at Launceston. The lambs have done tremendously well with the cold dry weather which they love. I know there are plenty of farmers now in the full swing of lambing with lots of ewes and their lambs out in the fields, and the daffodils coming up it really does feel like spring and the whole cycle starts again!

Becky Dennis

Chairman Lewdown YFC

Stowford Parish Council



Abbreviated minutes of Ordinary meetings held on 14th January 2026

These minutes are provisional until they are signed by the chair at the next meeting of the parish council.

Meeting No 730

Present: Cllrs Leroy St Louis (Chair), Judy Law (Vice Chair), Richard Alexander, John Govett, Lorna St Louis, P van Delft (clerk)

- Minutes of previous meeting 729 were signed as a true and accurate record of that meeting. Proposed Cllr Lorna St Louis, seconded Cllr Alexander, all in favour.
- Table Tennis - Council initiative to help with health & fitness. Purchase of equipment. The Parish Council has received a kind donation of a table from a parishioner. The council had received a £150 W.D.B.C. grant for a second table tennis table, the chair informed that he was unsuccessful in bidding for a table but would continue to review availability for a suitable used table. The p.c. is now looking for someone who will lead the table tennis sessions, anyone interested to contact the chair or the clerk.
- Finance - 3.1 Payments were approved for P van Delft - clerk salary (Nov/Dec) £388.73, HMRC - PAYE for clerk £25.40, Cllr L. St Louis - refund electricity cost for meeting £6.00. Proposed Cllr Alexander, seconded Cllr Law, all in favour.
3.2 R.F.O. Reported a credit balance of £5220.51 after approved payments, proposed Cllr Govett, seconded Cllr Leroy St Louis, all in favour. 3.3 Bank change - Hinckley & Rugby Building Society application and resolution. The R.F.O. informed that the H&R BS provided free banking. After due consideration, it was resolved to approve the proposal from the Hinckley & Rugby Building Society, the Resolution was signed by current authorised signatories who have all agreed to continue. Motion proposed Cllr Lorna St Louis, seconded Cllr Alexander, all in favour. 3.4 Budget 2025-26 + Precept 2025-26 - The R.F.O. provided two draft budgets for consideration, It was resolved to approve a balanced budget of £3740. A precept of £3740 to be requested from W.D.B.C. Motion proposed Cllr Leroy St Louis, seconded Cllr Alexander, all in favour. 7.5. Grant applications processing and determination - It was resolved to approve the following grant applications; Lewdown Residents Association (Newslink) £200, Stowford St John - graveyard maintenance grant £200, Portgate Methodist graveyard - Graveyard maintenance grant £100. Payments to be made after approval at the next meeting. Motion proposed Cllr Govett, seconded Cllr Alexander, all in favour.
- Reports from Cllr Edmonds of WDRC - The chair received a report provided by Cllr Edmonds. Patrols have been conducted weekly except during the Christmas period. An instance of a dog off lead was identified on 28th November, Further patrols will continue to monitor the situation.
- Nuisance dog off lead - update including Mobile Liaison Officer response. The chair reiterated that patrols from the M.L.O. were still taking place. The chair confirmed that Cllr Edmonds and the clerk would continue to be updated with issues arising. The meeting went into Part 2, 8.16pm and finished 8.18pm, no members of the public were present.
- Reports from Councillors - Cllr Govett suggested that should the Governments proposed devolution white paper become law then local councils may have to think differently, this could also have impacts on how grant aid is considered for interested bodies.
- Parish Councillors vacancies - The chair reported that an individual maybe interested, also Cllr Law confirmed that a local parishioner may also be interested, both councillors will report back at the next meeting. Cllr Leroy St Louis reported that a complaint of speeding vehicles was received, the councillor did mention that the issue of speeding vehicles was raised at a meeting in 2024 but no interest from parishioners were received on that matter.
- Parish Questionnaire - draft questions and reply box. After much discussion it was resolved that the chair would prepare a new draft questionnaire. Questionnaire to be hand delivered by councillors, copies also to be made available at the coffee mornings and quiz nights (by agreement) Responses can be dropped in at the Parish Hall letter box, all other responses to be collected from parishioners after 14 days of postal by councillors. Questionnaire to include what the pc has recently done for the community, suggestions what could be done and what parishioners would like done, how new grants can be of use to new set up groups and organisations.
- Grit bins - storage and stock - Cllr Alexander reported that all the grit bins were full except for one. A dumpy bag of grit to be supplied at a central location so that distribution of the grit can take place to all the grit bins when required.
- Highways - Road sign damage. Cllr Law reported that two signs were missing for Stowford, Cllr Law to report missing signs to Devon Highways.
- Correspondence - The clerk reported that a concerned parishioner had reported a potential breach of

planning was taking place and also a request for work to be carried out by the National Grid on his property. The clerk informed that requests for permission to undertake work on private property by the National Grid was not something that the parish council could help with. The clerk also informed the parishioner that the work appeared to be on renovating the existing property and that to the best of his knowledge the property was not listed.

Date time and place of next meeting - 18th March 2025 - 7.30pm at Stowford Parish Hall

Lewdown Grouped Parish Council

Coryton, Lewtrenchard, Marystowe and Thrushelton

Abbreviated minutes Minute No 783 Monday 27th January 2025
of Ordinary meetings held at Lewdown Victory Hall

These minutes are provisional until they signed by the chair at the next meeting of the parish council

Present: Cllrs Andrews (Chair), Southcott (vice chair), Alexander, Metherell, Mincher, Perkins, Yeo, Wilkinson, Cllr Mott (WDBC), P van Delft (clerk).

1. Members of the public open forum - one member of the public present. The parishioner provided information relating to planning application 3546/24/ARM.
2. Apologies for absence - Cllr McSmythurs
3. Dispensations & declarations of interest - Cllr Alexander Item 8 - he did not vote on application 3546/24/ARM and left the meeting whilst it was considered. Cllr Southcott item 6.4 - he did not vote on this item.
4. Minutes of previous meeting 782 being a true reflection of that meeting was approved and signed by the chair, proposed Cllr Southcott, seconded Cllr Yeo, all in favour.
5. Finance - 5.1 Warm Hubs Localities grant application was submitted by the Clerk/RFO in December and was approved that month by WDBC, both Cllrs Mott and Southcott supported the application. 5.2 Payments were authorised for following: P van Delft - Clerk duties (Dec-Jan) £549.80, HMRC - PAYE £96.40, Coryton PCC - Graveyard maintenance grant £250.00, Soupa Troupers -(WDBC. Warm Hubs Grant) Cash withdrawal) £200.00. Motion proposed Cllr Alexander, seconded Cllr Yeo, all in favour 5.3 R.F.O. reported a combined credit balance after payments of £22,308.03, proposed Cllr Southcott, seconded Cllr Alexander, all in favour. 5.4 Grant applications - Processing and determination including:- Lewdown Residents Association (Newslink) £300 approved, proposed Cllr Metherell, seconded Cllr Wilkinson all in favour. Citizens Advice £100 approved, proposed Cllr Perkins, seconded Alexander, all in favour. 5.5 Draft budget + Precept 2025-26 - The budget and precept request of £10,110 was approved, motion proposed Cllr Southcott, seconded Cllr Perkins, all in favour
6. Reports from councillors - Cllr Southcott reported that the 'Digital Switch Over' was nearing and that the message of getting prepared should be sent out to residents, a working party to be set up. Cllr Andrews reported that the Victory Hall Committee considered the installation of broadband, it was considered and thought that users would be able to use their own 5G providers to access the internet. Cllr Metherell reported that some road signs had gone missing/removed, Cllr Alexander also reported that some road signs had gone missing/removed in the neighbouring parish, it was resolved to inform Devon Highways. Cllr Yeo reported that the east bound 'Wig-Wag' lights were not working, Cllr Southcott to resolve the problem. Cllr Wilkinson reported that the road at Coryton Station was flooded again, problem to be reported to D.H.
7. Planning app.3546/24/ARM - Application for approval of reserved matters following outline approval reference 1277/20/OPA relating to access, appearance, landscaping, layout and scale for plot 4 of the development. Address - Slaughterhouse, Lewdown. Council decision - support - proposed Cllr Wilkinson, seconded Cllr Yeo, all in favour
Planning app. 4125/24/FUL - Proposed calf rearing polytunnel. Address - Ford Farm, Coryton, EX20 4PG Council decision - support - proposed Cllr Alexander, seconded Cllr Yeo, all in favour
Planning app. 0164/25/ARC - Application for approval of details reserved by condition 5 (roof

- slates) to planning consent 0031/24/LBC Address - The Old Vicarage, Chillaton, PL16 0JA.
- Council decision - - support - proposed Cllr Wilkinson, seconded Cllr Alexander, all in favour
8. Highways - Maintenance of mile stones and boundary stones update. Cllr Andrews provided details of two milestones in need of attention by Devon Highways
 9. Play area - Planning application, lease update, play equipment - Cllr McSmythurs reported via email that a planning application would be submitted soon.
 10. Free tree - Placing and planting of the free tree - The clerk reported that he collected the tree from the Devon Wildlife Trust at Meeth, Hatherleigh, also included were stakes, tree guard and tree tie. Planting of tree to replace dead cherry tree at Stowford Cross.
 11. Dog bins waste emptying service. Cllr Wilkinson reported that the bin at the Forgotten Garden had not been emptied for some time and that he had personally emptied the bin on several occasions, Cllr Andrews also reported that other dog bins missed their usual emptying service. W.D.B.C. to be contacted.
 12. Correspondence - Letter to Milton Abbot Grouped Parish Council. The clerk informed that the letter had been sent to the clerk of M.A.G.P.C. and their ward councillor but no acknowledgement had been received. Correspondence from Mabrake - An invitation of a proposed meeting with Geoffery Cox was received, after much discussion, since no councillors were able to attend the meeting, the clerk to write back informing Mabrake that there is no change of their decision from 30th January 2017.
 13. Road traffic accidents in the vicinity of Lewtrenchard Primary school - Cllr Yeo informed that a serious accident took place on the West Devon Highway in the vicinity of Lewtrenchard Primary School involving a mother of children attending the school and a passing van travelling eastbound. The mother was taken to hospital. The incident was reported with the police. Councillors were concerned that again another accident had taken place in the vicinity of the school and that measures by Devon Highways for improving the safety of road and school users in that area could have avoided the accident.
- Date, place and time of next meeting 24th February 2025 at Lewdown Victory Hall, 7.30pm
-

Lewdown Exchange Project

UK Gigabit Voucher Scheme

Funded by UK Government

Our community has reached 87% of the required target for Openreach to commit to providing us with **High Speed Gigabit** Internet access.

If another 19 households sign-up we will reach the target.

Go on visit: www.openreach.com/connect-my-community and sign-up.

LAMERTON PRE: Point 2 Point Horse Racing 2025 □



DIG OUT YOUR DABBERS!!
MONDAY 3RD MARCH 2025

LEWDOWN VICTORY HALL
Lewdown Devon

**Grab your seat! Doors Open 7pm
Eyes Down 7.30pm**

£10 for 8 Game Card • Extra Games • Raffle
Win Fresh Chickens for Full House
With prizes for 1 line & 2 lines!!

WIN 3 PICNIC HAMPERS

to include p2p passes for the P2P at Kilworthy nr Brentor



on 23rd MARCH 2025 □

Puzzle Page

What's the quote:

This is a well-known William Shakespeare quote, but all of the vowels have been removed, and the consonants have been mixed into groups of five letters. Replace the vowels to reveal the quote. Can you solve this tough literary riddle for adults?

BYNYT

LSSWT.

CLLRS

NM?THT

WHT'SN

LDSML

WHCHW

HRNMW

Word circles:

Create three words, one from each circle, that all have a similar meaning. Can you solve it?



March's Evil Sudoku

7				6			4
		9					
	2			3	8	1	
3	1	2				9	7
				4		2	6
			2				
	4		5				
	9		3			7	8
			1		2		

Can you solve these anagrams:

- British TV presenters
- 1) blowy hilly lough
 - 2) aerobic fun
 - 3) jacklyn remorse
 - 3) able cradling
 - 5) honest kellen
 - 6) adorer motley
 - 7) augment chanty
 - 8) clam vandalic

Sunday April 20 is Easter Day:

Blow an egg, decorate it however you like, take a photo and send it to the Editor by March 15. I will publish the winner next month 😊



February Answers

Be My Valentine:

Name Colour Boy

Lily Jetson Pink Adam

Millie Hanson Red Ethan

Molly Motson Blue Dylan

How Are These Items Related:



PETALS



PLATES



PLEATS

The words for all three images
are anagrams of each other.

Evil Sudoku

4	7	3	5	6	1	2	9	8
5	8	1	4	2	9	6	7	3
2	6	9	3	7	8	1	4	5
9	4	6	2	5	7	3	8	1
1	3	5	9	8	4	7	6	2
7	2	8	6	1	3	4	5	9
6	9	4	8	3	2	5	1	7
8	1	2	7	4	5	9	3	6
3	5	7	1	9	6	8	2	4

Lewtrenchard WI February Report

We met on February 10, 22 members and 6 guests attended. We sang Jerusalem.

Barbara introduced Dave Sargent, a private chef, who supplies a bespoke gourmet experience combined with the qualities of a top restaurant in clients' own homes. He does a weekly men's mental health podcast, has written a book and is going to tell us about his experiences and travels, he brought some recipes.



Dave Sargent took to the stage so to speak, because he was ever so entertaining. He came along with his trusted assistant, the lovely Fiona, his girlfriend. He talked about his career,



how he always wanted to be a chef from the tender age of 11, he found the challenge of working odd days/hours most fascinating, a 9-5 job was not for him. He has been to some beautiful homes and to his pleasure and surprise forged some real friendships with his clients. He admits to getting quite nervous sometimes but masks it well by cracking jokes. It is not easy to walk into someone's home and cook a gourmet meal in an unfamiliar kitchen, but this is all part of the charm of his job. He brought along some honeycomb, chocolate truffles and a salted caramel/chocolate sauce. Of course, someone had to try it! In fact, everyone got to taste those delicious morsels. After quite a few questions from the floor, including tips on knowing how much coating of ice cream should be on a spoon, we stopped for some refreshments. Dave and

Fiona very kindly judged our cake and photo competition for the Tamar Group meeting. To find out more about Dave or book him visit: <https://www.chefsargent.co.uk/>

**Date and venue for next meeting: Monday March 10 at 7pm,
Lewdown Victory Hall, Hairdressing with Lisa**

Dates for your diary:

- 8 Mar Saturday 10am - 12pm WI Coffee Morning Shopping Event @ LVH
- 20 Mar Thursday Coffee morning - Alder Vineyard
- Monday walks are suspended during winter, will resume in soon...
- 7 Apr 7.30pm Advance notice for the April meeting

The Life of a Model Railway Buff

Part 2: I took early retirement in 2010 and my other half, who was still working from home and didn't need distracting, declared "You need to get a hobby". After many years of not playing trains, I decided to take them down from the loft, dust them off and set them up again. I built a large layout in the spare bedroom. It was waist height, went all the way around the room and had a hinged section I could lift up to get in the middle. Soon after I started we found we needed to move house so back in the boxes it all went and we moved to Lewdown. With no spare room available I was sure I would never be able to set them up again but a brainwave to reconfigure the garage led to the setup I have today. Knowing it would take me years to design and build such a huge layout I decided to contact a specialist in Somerset that I had found on the internet. After several design meetings the layout was delivered and installed in January 2020. The current layout is "U" shaped and is 12' long by 8' wide. The trains run on 3 levels. So much has changed in the technology that now the trains are controlled by a DCC chip in the engine talking to wiring buses communicating with software on the computer via WIFI. The engines can be programmed to make sounds such as whistles, steam releasing, platform announcements, carriages coupling and be set to run specific routes that stop at stations, sidings and junctions.



First stage installation
Dublo Boy



Hardware talking to the software

Gardening Jobs For March

As the weather begins to turn, and the first signs of spring appear, March is a great month to begin the first sowings of hardy/early crops. So this month, I've prepared a short guide with some of my key tips for sowing seeds.

Using module trays

The only seeds I sow direct are carrots and parsnips. For everything else, I sow seeds into module trays and bring the young plants on in the shelter of a grow house/cold frame. The young plants are then transplanted into the ground (often less than a month later).



There are a number of key benefits to this method, which include being able to start seeds off earlier than you would be able to sow them direct and you can sow into more modules than you need, giving you some back up plants to replace the inevitable slug victims.

Multi sowing

This is a method of sowing seeds, whereby you sow more than one seed into each module of the tray. You then end up with a little clump of seedlings (say four or five) which can be planted out together without disturbing the group.

This method works particularly well for things like onions, beetroot and radish. You can sow a few more seeds than you would like plants, and thin out a few before planting. This also helps to cover any seeds that don't germinate and ensure you still end up with a full clump ready to plant out.

As the individual vegetables grow, you can harvest the smallest plants first by simply twisting them out and leaving the remainers to grow on.



Quick fire tips

- Be patient, and don't sow the seeds of heat loving crops like climbing beans, sweetcorn and squashes for at least another month. Otherwise you will have plants which are ready to go out well before the weather is right
- Find a sowing compost that works for you, different garden centres offer different products and I like to make my own mix with a combination of multi purpose compost sieved with a little 'seed sowing compost'
- Most seeds need warmth to germinate, whereas seedlings need light, so make sure you have a setup which can offer these two key elements depending on what stage your plants are at

May the weather be with you!

Liam

Forgotten Woodland Garden of Lewtrenchard

Bluebell Wood Open Day

Saturday 10th May 2025

Come and enjoy the bluebells.
Children's Pixie Hunt. Guided walks
and a chance to experience and find out
about the Woodland Garden

Cream teas will be available. 2.30 - 4.30pm

All welcome

See our website for up-to-date news: <http://www.forgottengarden.co.uk/>

❁ Red Spider Youth Theatre ❁

New Members Welcome - An opportunity for young people to delve into the wonderful world of drama and performance!

Red Spider Youth Theatre encourages imagination, creativity and confidence. Led by professional Drama Practitioner, Director, and Playwright, Di ffitch (BA Hons, PGCE), the fortnightly sessions include a wide range of drama based activities, with participants aged 6-18, working as individuals, in small groups and as a team.

During rehearsal session they will develop vocal and stagecraft skills, building confidence and self esteem through a variety of fun games and activities.

YT Company (age 11-18) - 2.45-4.15pm

Our youth company aims to stage one full production, and a showcase each year. From 1st March we will be looking at our summer showcase production in early July.

Spiderlings (age 6-11) - 1.45-2.45pm

From 1st March, our newly formed junior company will commence, developing their skills through a series of drama games, before working towards a short extract to be staged alongside the youth company in July

Regular sessions: 1st, 3rd & 5th Saturdays of the month at Lewdown Victory Hall, nr Okehampton.

£10 per term, plus £3 annual membership. Places are limited to 15 in each company in order that we may give each young person the attention they deserve.

To enrol email: rsytheatre@gmail.com

The North Tamar Mission Community



St. Mary the Virgin,
Kelly with Bradstone

St. Mary the Virgin,
Lifton

St. Nicolas,
Broadwoodwidge

St. John the Baptist,
Stowford

St. George,
Thrushelton

St. Peter,
Lewtrenchard

Ministers

Lifton, Broadwoodwidge, Stowford, Lewtrenchard, Thrushelton & Kelly with Bradstone United Benefice

The Revd. Philip Conway, 01566 784462 liftonpriest@yahoo.com
The Rectory, Parsonage Court, Lifton PL16 0BJ

Milton Abbot Benefice

The Revd. Andy Atkins, 01822 870298 andya4jc@gmail.com
The Vicarage, The Parade, Milton Abbot PL19 0NZ

Churchwardens

Lifton - St Mary's

Mrs E Brown	01566 784386	Sarah Chandler
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Broadwood - St Nicholas

Mr D Perkin	01566 776758	
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Stowford - St John the Baptist

Mr C Chick	01566 783223	
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Lewtrenchard - St Peters

Mrs A Westlake	01566 783909	Mrs R. Dawe	01566 783127
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Thrushelton - St George

Mr A J Nash	01566 783274	Mr T Nash	01566 783320
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Kelly with Bradstone - St Mary's

Mr W Kelly	01822 870393		
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Marystowe - St Mary the Virgin

Amy Harrowell	01822 860181	Joy McSmythurs	01822 860630
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Coryton - St Andrews

Mr G. Vicat	01822 820254	Mrs J Whitfield	07989 666427
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From the Parish Priest

Dear Friends,

The spring months are a busy time in the Christian year. In our worship we are busy keeping Lent and preparing for Easter, and that quite rightly demands our effort and energy. Just to complicate things, the spring months are also the time when church business, such as the ratifying of accounts and preparation of Annual reports needs to be done.

There is one other important piece of administration that needs to be done this year,

and that is the complete revision of our Electoral rolls. This means that if you wish to be regarded formally as part of a church's congregation you need to fill in the appropriate form, even if you have been part of the electoral roll for a number of years.

The Electoral Roll forms will be available in all our churches, and we can also send them out to anyone digitally, or by post should you not be able to pick one up yourself. Do please let your friends and neighbours know as it is important that we inform as many people as possible so that our church role realistically reflects our membership. It also gives all of us the opportunity to review our commitment to Christ and his church both in the time we set aside for worship and service, and in supporting the church with our effort considered financial support.

Our church buildings and the living stones that make up our church communities are a heritage and legacy that has been left to us to build upon and hand on to the next generation. I hope and pray that this year we will all be able to take steps to strengthen our church life so that we can continue to worship God and proclaim his love in word and action.

With love and prayers,

Philip

Service times for March 2025

Any updates will be posted on the Mission Community Website <https://north-tamar-churches.org>

2nd March **6pm** on the eve Saturday 1st March Vigil Eucharist at Kelly
 Sunday Before Lent
 9.30am Parish Eucharist at Lifton
 11.15am Parish Eucharist at Stowford

5th March **Ash Wednesday**
 7pm Liturgy of the Day at Thrushelton

9th March **6pm** on the eve Saturday 8th March Vigil Office at Kelly
 Lent 1
 9.30am Parish Eucharist at Broadwoodwidge
 Morning Prayer at Thrushelton
 11.15am Parish Eucharist at Lewtrenchard
 4pm Evensong at Lifton

16th March **6pm** on the eve Saturday 15th March Vigil Eucharist at Kelly
 Lent 2
 9.30am Parish Eucharist at Lifton
 11.15am "Growing In Faith Together" at Stowford
 A service especially for the very young and those who care for them.

23rd March **6pm** on the eve Saturday 22nd March Vigil Office at Kelly
 Lent 3
 9.30am Parish Eucharist at Thrushelton
 Morning Prayer at Lifton
 Morning Prayer at Broadwoodwidge
 11.15am Parish Eucharist at Lewtrenchard

Bridestowe Methodist Church

Preachers for March 2025

2nd	Drop in the Ark	10:30 - 12:30
9th	Rev J Cook S	11:00
16th	R James US	11:00
23rd	Bridestowe Worship Group	11:00
30th	Service at C of E	09:30

St. Mary the Virgin, Marystowe

Please see the church website www.southtamar.church
for details about services.

Services are also available online from 6pm on Sundays.

Quakers

Meeting for Worship:

Tavistock

Every Sunday 10.00am.

4 Canal Road

Tavistock

Contact: Kay Nicholson
01822 614596

Okehampton

Second Sunday 10.30am.

Fourth Sunday 10.30am

Second Sunday Children's Meeting

Ockment Centre

North Street

Okehampton

Contact: 01837 55805

Roman Catholic Services

Tavistock

Sunday 9.15am

Holy Days 10am

Fr. Greatbatch 01822 612645

(P. Sparling 01822 860355)

Okehampton

Sunday 11.15am

Sunday 5.30pm

Chagford - Saturday 5.30pm

Fr. A. K. Gundabathina 01837 52229

anil.gundabathina@pcdtr.org.uk

Launceston

Sunday 10.30am

Holy Days 7.30pm

Canon John Deeny 01566 773166

30th March

MOTHERING SUNDAY (NB. No Sat. Vigil)
Fifth Sunday Special Celebration at
Lewdown Victory Hall - See Below

Lent



Wednesday Morning Eucharist: 10.30 at Lifton

There will be some occasions when the Wednesday Morning Service will be a service of Morning Prayer.

Begin Lent in Prayer at our

Ash Wednesday Eucharist

The Parish Church of St. George, Thrushelton

Ash Wednesday, 5th March 2025 at 7pm

Grow in confidence in our

Lent Worship Workshops

*An opportunity to learn about, and to fully engage in,
the special services for Holy Week and Easter.*

The Parish Church of St. Mary, Lifton

Fridays in Lent from 7-8pm

Followed by tea and biscuits in the Rectory

St Johns Church Stowford

A lent lunch again will be hosted by St Johns Church Stowford
on **Wednesday 26th March 12.30-2.00pm at Stowford Parish Hall**

We will be serving soup, cheese, bread-roll with
tea or coffee and biscuits afterwards. Cost £5.00 each

All money raised this year will go to local charity

No need to book just come along

Everyone is invited to join us for a Fifth Sunday



Special Celebration of Mothering Sunday

Sunday 30th March 2025 at 11am

Lewdown Victory Hall

Celebration Service Followed by Lunch

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BUMPER JUMBLE SALE

2pm Saturday 29th March
Lewdown Victory Hall

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Please Contact: **Terry Southcott, Fairview Bungalow, Lewdown**
Phone 01566 783079. or M 07831309666

All proceeds will go to The Lewdown Residents Association
who produce The Community NewsLink.

Milton Abbot Grouped Parish Council

Please see our website for lots of information
about Milton Abbot, Chillaton, Bradstone, Dunterton and the surrounding
areas, along with a list of the local Parish Councillors

www.magpc.co.uk



For bookings and enquiries contact Julie Chick Tel: 01566 783223

Email: stowfordparishhall@gmail.com

A Defibrillator is located in the porch - Postcode EX20 4BZ

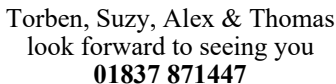
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